

# TALLYGAROPNA PRIMARY SCHOOL NO. 3067



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## NEWSLETTER

TERM 4 NO.33 25<sup>th</sup> October 2010

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**SCHOOL CONCERT NIGHT IS THIS WEDNESDAY. THE NIGHT WILL BEGIN AT 7PM.**

**ALL STUDENTS WILL NEED TO BE AT THE HALL NO LATER THAN 6.30PM. TODDLERS WILL NEED TO BE SUPERVISED SO THAT THE NIGHT RUNS SMOOTHLY.**

**OUR NEXT SCHOOL COUNCIL MEETING IS ON TUESDAY 26<sup>TH</sup> OCTOBER**

**PARENT CLUB NEXT MEETING THURSDAY 28<sup>TH</sup> OCTOBER – 10AM**

**MELBOURNE EXCURSION - POSSIBLY THURSDAY 9<sup>th</sup> DECEMBER**

Dear Parents,

Hi everyone. As you would know from the information that was sent home on Friday, we had a minor outbreak of Slapped Check last Thursday. This is not serious although a handful of children at school are experiencing some symptoms. If this information did not get home, contact Karen at the office and we will send it home immediately.

The Grade 5/6 students along with Mrs Sidebottom had an enjoyable time at Phillip Island although there were a few tired looking faces on Friday. I am sure the students will get back into the swing of things quickly, especially with our School Production only a couple of days away. Last week we emptied the Spare Portable, Sport Shed and half of the Media Room, in preparation for the building works to begin. We are aiming to get all of the 3 portables and Sport Shed completely emptied by Friday so that they can begin to be removed next week. This will take a couple of weeks so please be patient during this time.

The Bike Education Program began again today and will continue throughout the week. This has been an enjoyable program so far, although it has been hindered a little by the weather. The students in Grade 5/6 will be having an On Road Test towards the end of the week, so if any parents could assist with it would be greatly appreciated.

I will be teaching until Wednesday this week and Karen will be in the office until Thursday as per normal. I have a Network meeting on Friday, so the office will be unattended at this time. I look forward to seeing everyone at the School Production on Wednesday night.

David Brodie – Principal

*"Minds are like parachutes. They only function when they are open."* 1

Grade 5/6 Camp – Phillip Island



### 1. Building Project Update

Our new school building will be up for all to see before the end of the year. There are a number of plans which we have in place to make this project run smoothly. These can be summarised below.

\* We have placed our first furniture order which will enable us to start the 2011 school year effectively. Once the year begins, more furniture will be added to the new building. We hope everything will be in place by the end of Term 1 next year.

\* **Thanks to the Parents who assisted last week. We were able to clear the Spare Portable and Half of the Media Room. Your time and effort is greatly appreciated.**

\* **In week 4 (beginning Monday 25<sup>th</sup> October), we will be moving all furniture and equipment out of the Grade 5/6 Portable and the Media Room. A lot of work again will occur on the Thursday. Assistance is needed, so if anyone can assist with this contact the office ASAP.**

\* Students in Grades 5/6 will have a classroom set up in the Multi Purpose room until the end of the year. The students will be in this building from Monday 1<sup>st</sup> November.

\* Three Portables and the Sportshed will be removed from the Building Site. We hope this work will commence on Monday 1<sup>st</sup> November, but it may start on the Wednesday after Melbourne Cup Public Holiday.

\* The Building Site will be prepared by Grove – our builders. This is anticipated for Tuesday 9<sup>th</sup> November.

\* The Building arrives at school on Tuesday 16<sup>th</sup> November

\* The Building is scheduled to be finished on Tuesday 21<sup>st</sup> December.

Although the time line for this project is short, we are very positive about this and we are sure that the whole school community will be as well. However, some of the time lines mentioned above may change so please be patient and tolerant over the next couple of months. If we all model this behaviour, I am sure the children at school will cope with the alterations fine. **January next year, will be a busy time as we get the building ready for the beginning of the new school year.**

### 2. Prep Enrolments for 2011

We hope to finalise Prep enrolments in the next few weeks. Please contact the office if either you or a friend plan to enrol your child/ren at Tallygaroopna for 2011. **To assist with planning for 2011, we also need to know of any students who will be leaving our school at the end of the year.**

### 3. Melbourne Excursion – note change of date.

**The date for this excursion will change to Thursday 9<sup>th</sup> December if no concerns are made by parents this week. I am endeavouring to pick a date which will hopefully suit everyone, but this is very hard to do as you can imagine. If this date does not suit your family, please let me know this week, because I need to confirm this date by the end of the week.** I am trying to make this trip a special one, so we are looking at going to the Melbourne Zoo by train. **Please keep this date in mind, because we are hopeful of inviting all parents if they wish to attend, to make this day a special one with your children at school.** Details about the trip are as follows:

\* Leave Shepparton Train Station at 6.57am and return at 6.33pm.

\* Train tickets for students, teachers and parents are \$17.60.

\* Melbourne Zoo Ticket Prices: Students - \$12.10, Adults - \$18.50

This excursion will be discussed at School Council and more details will be available in the next few weeks.

### 4. School Production Organisation

Things are moving along well for the School Production. We have organised sound and lighting for the night so the students are starting to get really excited and beginning to realise that the night is only a few sleeps away. **On Tuesday 26<sup>th</sup> October, staff will be setting up the hall after school so if you can assist in any way contact the office.** The whole school will be down the hall on Tuesday and most of Wednesday 27<sup>th</sup> October, preparing for the night. We ask that parents don't come down to the hall on these days, so that the night is full of surprises for families who come along to witness the school concert.

On the night, we also ask that parents supervise any toddlers so that the night runs in an orderly manner. There will be no room for young children to sit down the front of the hall, as has occurred in past years. A lot of time and effort has gone into preparation for the concert, so we ask for your assistance with this.

#### 5. Public Speaking Competition - reminder

Our school is entering in a Public Speaking Competition for students from Grades 3 - 6. This is being organised by the Tallygaroopna Lions Club and is a great opportunity for some of our students to extend themselves in regard to Oral Language. Nine local primary schools have been invited to participate in this competition and I would encourage all students in these grades to have a go at this, especially any students who may have a leadership role at school (ie: School Captains, Junior School Council). This program is voluntary, but students wishing to enter this competition can get assistance from home. Details about the competition are listed below:

School Competitions – need to be finalised by the end of October.

- Only two students can represent each school – 1 for each category (Grade 3/4 and Grade 5/6 )
- Topics are (5 Minute Maximum) – 30 second warning bell.
  - **Grade 3/4 – Which place in the world would you love to visit and why?**
  - **Grade 5/6 – Why is Australia such a lucky country?**
- Schools to use their own initiative in regard to how they go about this – marking, judging.
- School certificates will be awarded for any students prepared to have a go with this.

#### Finals

- Venue: Tallygaroopna Community Centre ( to be confirmed)
- Date: Wednesday 17<sup>th</sup> November
- Time: 6pm to 9pm ( Grade 3/4: 6pm – 7.30pm, Grade 5/6: 7.30pm – 9pm )
- Supper may be provided at the end of the night – tea & coffee
- 9 Presenters for each category ( Grade 3/4 and Grade 5/6 )
- The same format and topics would be presented.
- Students to be judged by independent panel selected from the Lions Club – Rubric utilised
- At the completion of each Category a spontaneous question is given to students.
  - They will have 10 minutes to prepare a 2 minute speech.
- All participants to receive certificates
- Winners to receive awards organised by the Lions Club – book vouchers and perpetual shields have been mentioned.

#### 6. Book Vouchers

Last week, I received a kind offer from Book City in Shepparton who were offering some free vouchers to our school. This was to promote reading in and out of the classroom, so every one of our students will receive a \$5 voucher in the near future.

#### 7. World Teachers Day

On Friday it is World Teachers Day. In 2010, World Teachers' Day acknowledges the many ways teachers make a difference through their teaching and commitment and celebrates teachers as a significant force in building communities. Teachers 'make a difference' every day, in the curriculum they teach and how they teach it, through the connections they make with and for their students and by the way they encourage learning. Very often, they make a significant contribution to their local community and the wider community.

#### 8. Shepparton Network Meeting

I will be attending an Overnight Network meeting beginning on Thursday night at Mulwala. On Friday, sessions will focus on Conduct and Ethics, the Ultranet, and the Legal Responsibilities and Roles of Principals in Schools. I consider these sessions very valuable and they are a great way of sharing successes and challenges which are faced by similar and like schools.

#### 9. Draft Strategic Plan

I am hopeful of presenting a Draft Strategic Plan to School Council tomorrow night. This document will focus on our School Purpose and new values along with specific targets and goals which we hope to strive towards for the next 4 years. The Strategic Plan will be endorsed by School Council at the end of the year and also by Region.

#### 10. Paternity Leave

I will be taking 5 days of leave to spend with my family this term. These days will be mostly on Monday's – 1<sup>st</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> November along with Wednesday 15<sup>th</sup> December. The newsletter will be out on Tuesday when I am away in November – apologies for any inconvenience. Mrs Sidebottom will be teaching on the days that I am away.

#### 11. Occupational Health & Safety Inspection

Last Thursday, Karen and I had an OHS Inspection with James Woods from the Hume Region. The time spent with James was extremely informative and we will receive a summary report within the next few weeks which will enable us to focus on specific areas of need. This will make Tallygaroopna PS a safe and secure environment for students, staff and parents into the future.

#### 12. Active After School Communities Program / Funding for 2011

We had a fantastic presentation ceremony on Friday for the Active After-School Communities Program. Many thanks to the parents who helped set up the morning tea and it was great to see Sharman Stone (local MP) and Gary Fletcher (Regional Network Leader), make the effort to attend this day and acknowledge the work which we have done with this program. I won't take too much credit for the Super Site Award, because the school has been involved in this program for a number of years. Thanks must go to Peter Fraser along with our great staff who have continued to promote Sport and Health in and out of the classroom. Megan Carr has been a fantastic support also helping with funding applications, coaches and training along with Gillian O'Brien who does a great job acting as our supervisor. This involves getting the children organised after school and preparing their healthy snack before sessions begin.

**I am also pleased to announce that this program will continue next year and I have already submitted an application for funding for the first semester 2011. I hope to announce the new sports towards the end of the year.**

Taekwondo and Touch Footy / Multi Skills continue this week, but there will be no session next Tuesday because of the Melbourne Cup Holiday. As a result, Touch Footy will resume on Tuesday 23<sup>rd</sup> November. Taekwondo will continue on Monday's and will conclude on the 29<sup>th</sup> of November.

Participation winners presented at assembly today were – Chrissie, Connor, Taylah, Chelsea, Brittany and Olivia.



**Sharman Stone & Megan Carr presenting our school with the Super Site Award.**

**Keep your eye on the local news this week and there should be an article in the Shepparton Adviser also.**

#### 13. Outstanding School Fees

Statements for outstanding school fees were sent home last term. Could parents address these as soon as possible. Contact Karen at the office if you have any queries in regard to these.

#### 14. Melbourne Cup Public Holiday

Tuesday 2<sup>nd</sup> November is a public holiday across the State of Victoria because of the Melbourne Cup. The school will be closed on this day and no students will be required at school.

#### 15. Cricket Clinic – Kanga 8's

This Friday, students in Grades 4-6 will participate in a Kanga 8's Clinic from 2-3pm. This is in preparation for the Kanga 8's Tournament which will be held in Shepparton on Thursday 11<sup>th</sup> November at the McEwen Reserve in Shepparton. More details will be available soon – Mrs Sidebottom will be attending this day.



16. Dates for 2011

Over the next few weeks, I will continue to update this section. Confirmed dates for next year are:

February 4<sup>th</sup> - Students first day

April 4<sup>th</sup> – Athletic Sports

June 6<sup>th</sup> > June 8<sup>th</sup> - Urban Camp for Grade 5/6

February 21<sup>st</sup> - School Photos

May 10<sup>th</sup> > May 12<sup>th</sup> - NAPLAN

July 25<sup>th</sup> > 27<sup>th</sup> – 15 Mile Creek Camp for Grade 3/4

17. “You Can Do It” Awards

Congratulations to the following students –

**P/1 Mikayla Church** for the confidence she shows in the practice of our production. Mikayla is able to sing along in all our songs. Well done Mikayla.

**2/3/4 Brenton O'Brien** for the confidence he displays in the classroom and for the organisation and effort he puts into his schoolwork. Well done Brenton!

**5/6 Emily Stivala** for her terrific enthusiasm and commitment she has shown towards her production roles. Well done Emily!

**Kylie Moorfoot** for her great ‘getting along’ skills she showed at camp where she mixed well with others and put 100% into her activities. Fantastic effort Kylie.



**MISSING EARRING**

**A silver and diamond clip-on earring has been lost in the playground closest to the car park. This earring has great sentimental value to it's owner and they would greatly appreciate it being found. If anyone has picked up an earring from the playground could they please return it to the school office.**

**Prep Orientation Program – new students for 2011**

**Our first formal orientation visit was last Tuesday with 7 students attending the morning session. Mrs Wallace commented on the fantastic behaviour, concentration and attention span which was evident and we are very excited about the great bunch of new Preps which we will have for 2011. Other visits are scheduled for:**

- **Tuesday 9<sup>th</sup> November – 9am to 11.30am**
- **Wednesday 24<sup>th</sup> November – 9am to 2pm**
- **December 7<sup>th</sup> December (Statewide) – All day**

*Northerners Cricket*

*There was no game at the weekend due to a bye. Training this week starts at 4.30pm for all Tally kids so we can get finished and home in time for the production.*

## POOR SLEEP AFFECTS PRIMARY SCHOOL CHILDREN

Primary school children who have sleep problems may have trouble with their schoolwork and behaviour. Children who have sleep difficulties are less alert during their hours at school and may have difficulty learning new skills or retaining information. Some signs of sleep disorders can include night terrors, sleepwalking and talking, and trouble going to sleep and staying asleep. There are some things that parents and carers can do to help their children get a good night's sleep:

- Children's rooms should be quiet, dark and not too hot or cold. Use a nightlight if necessary.
- Have a regular bedtime and wake time. This shouldn't be more than an hour later on weekends and during holidays.
- Have a good bedtime routine. Read to younger children or let older children read quietly or listen to relaxing music.
- Avoid caffeine-based drinks like coffee and cola.
- Avoid spicy or salty foods in the evening such as pizza or potato chips.
- Avoid scary movies, computer games and rough play before bed.
- Remove TVs and computers from children's bedrooms.
- Ensure their beds are clean, warm and comfortable.
- A warm bath before bed encourages children to relax.

Children who wake at night and are afraid need comfort. If your child does wake in the night tell them quietly that they are safe and encourage them to go back to bed. It is important to be calm, almost matter of fact and quickly get them back into bed. This will reassure them that you are not worried and therefore they should not be worried. Most sleep problems can be easily treated. Visit your family doctor if you are worried about your child's sleeping patterns.



## **Press Release from Active After School Communities Ceremony**

### **Tallygaroopna in running for Victorian sports award**

Tallygaroopna Primary School in the Goulburn region has been recognised for excellence in delivering fun, safe and inclusive sports activities to children through the Australian Sports Commission's Active After-school Communities (AASC) program. Tallygaroopna Primary School is now in the running for the 2010 Victorian Super Site Award.

Children at Tallygaroopna have had the opportunity to get active after school by trying out activities including dance, cricket, netball and soccer.

'We're really proud of the difference the AASC program is making. Instead of sitting around watching TV or playing computer games after school, the children are getting outside and active. Because it's fun and non-competitive, even the most inactive kids are joining in and developing more healthy habits,' said David Brodie, Principal of Tallygaroopna Primary School.

'It's great to be recognised for our success in delivering this program—but the biggest reward is watching the kids have a go at different activities, working with other kids and developing their skills and self confidence.'

The AASC program targets children in the early years to establish healthy habits that will remain with them throughout their lives. Without the program, more than 80 per cent of participating children would not be engaged in structured physical activity after school.

The program is locally focused, so participating sites can tailor their program to meet the needs of children and families in their community. This stimulates community involvement in sport and creates links between schools and local sporting clubs.

AASC Regional Coordinator, Megan Carr said 'The program has strengthened relationships between Tallygaroopna and Tallygaroopna Netball Club and also organisations such as Excell Dance studio. More children and their families are aware of the benefits of getting involved and many children have continued their sport outside the AASC program'.

Tallygaroopna is competing for the Super Site Award against the other schools and after-school care centres that have been recognised for excellence in delivering the AASC program in Victoria. The winning site will be announced in October and will receive a trophy and a \$500 voucher for sporting equipment.

The AASC program is a free Australian Government initiative delivered nationally by the Australian Sports Commission. It provides primary school children with the opportunity to experience more than 70 different sports and up to 20 other structured physical activities. For more information about the AASC program and the Super Site Awards, visit [www.ausport.gov.au/aasc](http://www.ausport.gov.au/aasc)

**Media contact: Megan Carr, Regional Coordinator, 0400 434 714**