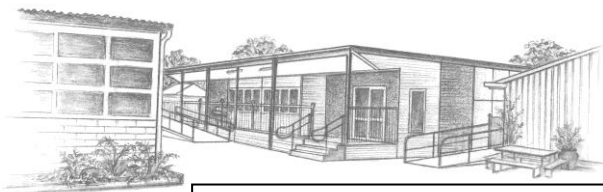


TALLYGAROPNA PRIMARY SCHOOL NO.3067



TERM 2 NO. 11 27th April 2015



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SCHOOL VALUES - RESPECT, HONESTY & INCLUSION

News from the Principal's Desk

Hi everyone,

Term 2 has started successfully and normal programs have continued as per usual. Last week was a busy one with many activities taking place in line with ANZAC Day. Our school was represented at two ceremonies – in Shepparton and Tallygaropna. Special thanks to families for your involvement in these.

Our Chaplaincy program began last week and so far it has been wonderful to see the kids of our school interact and talk to Mrs Forman in a very positive and constructive manner. Jade is currently working through informal meetings with student buddy groups and she hopes to complete these by the end of next week if possible. Thank you to all of the school community for returning permission forms on time in regard to this program.

Our Bike Education Program began today for Grade 2 – 6 students and this will continue into next week with Mrs Montgomery implementing this. Bikes can be left in the sport shed during the duration of this program if needed. Most of the forms have been returned – please return checklists for bikes and helmets ASAP.

This week our Parents Club will be involved in a Mother's Day Activity Day on Thursday morning as well and if anyone can help on this day it would be really appreciated. The cost for this day is only \$2 per student and each grade will be involved, completing different activities for each class.

Finally, other items addressed in this edition of the newsletter focus on Interschool Cross Country, a Grade 5/6 Science Excursion (assistance with transport is needed) and the Woorabinda Camp. Expression of interest forms for the latter are due at the end of the week before a random draw takes place early in week 3.

Karen will be at the school until Thursday as per usual to attend to any matters that arise. Karen will be taking some Long Service Leave at the beginning of June, so we will get up to speed with the administration side of the school in line with this taking place. Please keep this in mind for the 3 weeks in June, so that class activities are not interrupted too much. I look forward to catching up with some parents throughout the week at the Mother's Day activity on Thursday. I will be at a Mentoring PD in Melbourne on Monday unfortunately.

David Brodie (Teaching Principal)

NEXT WEEK WILL BE A MINI NEWSLETTER EDITION. THIS WILL BE PUT ON TIQBIZ AND OUR SCHOOL WEBSITE.

THE NEXT PLAYGROUP WILL BE HELD ON THURSDAY 7th MAY. EVERYONE IS WELCOME TO COME ALONG FOR A CHAT.

A REMINDER TO ALL FAMILIES TO FREQUENTLY CHECK TIQBIZ BECAUSE MANY SPECIFIC EVENTS ARE PUT ON THIS RESOURCE INSTEAD OF THE NEWSLETTER.

THE MOTHER'S DAY ACTIVITY DAY WILL BE HELD THIS THURSDAY. THE COST FOR THIS PROGRAM IS \$2 PER STUDENT TO COVER MATERIALS.

A PUPIL FREE DAY WILL BE HELD ON TUESDAY 19TH MAY TO ENABLE TEACHERS TO HAVE A CURRICULUM DAY ON THE NEW REPORTING PROGRAM – GRADE EXPERT.

A Brochure and Enrolment Form for Outside School Hours Care can be collected from the office. This must be filled in by all families before being enrolled in this program. These 2 documents can be downloaded from our school website - [here](#)

IF YOU ARE HAPPY TO GET THE LARGE NEWSLETTER EMAILED TO YOU EVERY FORTNIGHT PLEASE CONTACT THE OFFICE.

CROSS COUNTRY PERMISSION FORMS ARE DUE. THIS IS DUE TO BE HELD ON FRIDAY 8TH MAY.

Photos of the Week – Traditional Games



Photos of the Week – Chaplain Program (Mrs Forman – School Welfare Worker)



My name is Jade Forman and I have just began working at Tallygaroopna Primary School as the Student Wellbeing Worker. I will be available to support students, parents and teachers every Tuesday and Thursday. I hope to build a positive relationship with each of the students so that in future they feel that they can speak to me about any issues that may arise.

Part of my work will be running activities that aim to build the children's self esteem, resilience and overall wellbeing. I hope to have a regular article in the newsletter which will inform parents about the work I have been doing at the school as well as some useful ideas or information about Wellbeing.

Photos of the Week – Anzac Day

Thanks to all of our school leaders along with their families for representing the school at the Shepparton Anzac Day Service on Saturday. Your support is greatly appreciated. A huge thank you to Philippa Collins for making our beautiful wreath for the day as well.



Photos of the Week – Leaders Task (School Vegetable Garden)

Each of the School Captains and Vice Captains are now responsible for one of the vegetable boxes at school over the school year. This will be a wonderful opportunity for our students to have a sense of ownership in the school and develop the school's biodiversity. As the vegetables grow, these can be taken home for students and families as they wish.



A belated thank you to all the helpers for the Easter munch and crunch and to Bakers Delight and the Tally Takeaway for generously subsidising the hot cross buns and chips.

STUDENTS OF THE WEEK – Term 2 / Week 1

All students received a certificate and also a free icy pole voucher to use this term.

Foundation / Grade 1 The Brilliant Bears Declan



Declan Jones for the fabulous way he does his work each day. He always starts straight away and keeps going till he finishes. Well done Declan!

Grade 2/3/4 Mrs H's Marshmallow Monsters Taylah G & Ryan



**Taylah Groves for an outstanding first week back and for including our new grade 2 students into the classroom.
Ryan Voss for being an excellent helper for our new student Aston, listening to him read and helping with his Big Write.**

Grade 5/6 The Tally Terrors Stephanie



Stephanie Fleming for the enthusiasm and research/effort she has shown with her ANZAC Day powerpoint presentation.

Values Vault Winner for Week 1 was Jordan, Mitchell, Stephanie, Brooke

STUDENTS OF THE WEEK – Term 2 / Week 2

All students received a certificate and also a free icy pole voucher to use this term.

**Foundation / Grade 1
The Brilliant Bears
Beau & Josh**

Beau Voss and Josh Collins for the fabulous example they have set for the whole class. We like how both boys hear the Foundation students read each morning. Well done Beau and Josh!

**Grade 2/3/4
Mrs H's Marshmallow Monsters
Zoe & Ashton**

**Zoe Collins for outstanding spelling, consistently doing a great job – 15 out of 15 and moving up a group!
Ashton Van Taarling for settling into a new school and class. He is always one of the first to school and is giving class work his best shot.**

**Grade 5/6
The Tally Terrors
Bill**

Bill Klein for the fantastic vocabulary that he is using during Big Write sessions and for the effort he is putting in with writing.

Values Vault Winner for Week 2 was Tayla R

School Hats are not compulsory on Friday. It may be a good idea to take them home and give them a good wash at this time.

1. Strategic Plan & Annual Report

These two documents have both been endorsed at School Council and are now available on our school website for the school community to view if they wish. The Strategic Plan sets specific goals and targets for the school for the next four years and is a direct result of the School Review which was conducted in September last year. The Annual Report informs parents and the wider school community of the school's successes, activities and achievements throughout the year and meets legislative and regulatory requirements under the *Education and Training Reform Act 2006* and the *National Education Agreement 2008*

2. Mother's Day Activity Day

A reminder that this day will take place this Thursday 30th April from 9am until 12.30pm for all individual classes. The cost per student is \$2 to cover items on the day and it would be appreciated if this could be paid before the day if possible. If any parents can help out on the day please contact the office. Mother's Day is on Sunday 10th May.

3. Mrs Armstrong – Long Service Leave

Mrs Armstrong will be taking some well-deserved Long Service Leave for 3 weeks from Monday 1st June until Friday 19th June. Karen will be only in the office for a small amount of time to print the newsletter on a Monday (Tuesday for Queen's Birthday weekend) – otherwise she will be away from school during all this time. We will attempt to bring all administration matters up to speed in preparation for this and your support and assistance during this time would be appreciated. Mrs Armstrong will not be replaced in the office during this time, so please contact the school by phone as much as possible during class breaks. Otherwise, contact me on 0411960164 or email the school on tallygaroopna.ps@edumail.vic.gov.au.

School Times

First Session 9am – 11am

Second Session 11.30am – 12.05pm

Third Session 2pm – 3.25pm

4. Interschool Cross Country

The 2015 E.G.P.S.S.A. Cross Country has been organised to be conducted at Princess Park on Friday, May 8. It will be held on a similar track as the one to be used for the zone event. Ages are calculated as at December 31 2015. (i.e. if a child turns 11 during 2015 they run in the 11 years group)

Events will be run as follows:

1:00	10 & under boys	2000 metres
1:15	10 & under girls	2000 metres
1:30	11 y.o. boys	3000 metres
1:45	11 y.o. girls	3000 metres
2:00	12/13 y.o. boys	3000 metres
2:15	12/13 y.o. girls	3000 metres

It should be emphasised to children that they are not expected to run all the way and that the emphasis is on giving children the opportunity to participate and complete the course. Each child who completes the course will receive a certificate of participation and an indication of the position they came in the field. Only the first 10 children in each section will receive a finishing time. Children should take their own drinks in a named container. Schools will be notified on the morning of the run if there is a postponement due to weather. The first ten placegetters in each section will be invited to compete in the Goulburn Murray Division Cross Country on Friday, May 22. Permission forms and \$2 for the bus are now due.

5. Sport Trials

Good luck to the students who are representing the school at some Zone Sport Trials this week in Football, Netball, Soccer and Basketball.

6. Kids Helpline Session – Friendship

This polycom session will be held on Monday 4th May after lunch for student from P-6. Parents are welcome to come in and have a look if they wish.

7. Kinder Visit

We will be having an informal Kinder Visit to our school on Thursday 14th May from 10.30am until 11.30am. We look forward to seeing some potential new students for 2016 at our school during this time.

8. Woorabinda Camp

Students in Grades 4/5 need to return their expression of interest form for the Woorabinda Camp to school by Friday 1st May. We will be doing our random draw the following Monday and then will await how many places we receive for this camp in the near future.

Every two years our school is offered a limited number of places at the Department of Education and Training's Somers School Camp. Somers has recently added a second campus Woorabinda to help increase the opportunities for DEECD students across the state. Woorabinda will run on the alternate years to the Somers program. Woorabinda will run a complementary program for 5 days for grades 4/5's. This year our allotted time is from 17/8/2015 until the 21/8/2015. It is a five day commitment and as such I would ask that you **only** fill in the expression of interest form, if children can attend without concerns of sports or family commitments.

Children who gain selection from our school will join with 80 Grade 4 and 5 children from our school network in this very special Outdoor and Environmental Education and Personal Development program. The camp has both indoor and outdoor activities all run by specialist permanent teaching staff with the assistance of five local teachers who will accompany the children to and from the camp. The activities are mainly physical and outdoor and include High and Low Ropes Courses, Canoeing, Initiative Activities which require a reasonable level of physical fitness. All children are also required to take part in the following activities: Archery, Art, Environmental Studies, Bush Cooking, Mapping, Flying Fox, Disco Night, Camp Fire Night Singing and Diary Writing. Separate boys and girls living arrangements are provided but all activities are done in mixed groups.

The fee for the camp is \$185 and must be paid in full before children can attend. The fee includes transport, accommodation and meals. This is a great camp and provides children with the opportunity to accept challenges, improve their self-esteem, meet and mix with others from our local area, have fun and learn at the same time.

9. Sporting Schools Program

I am hoping that this program will be made available in the next few weeks. Initially, the new Sporting Schools Program was going to begin in Term 3, but a transition program is being funded now to begin in Term 2. I am just waiting to hear from some specific coaches in regard to their availability with this program. More details will be available in the next newsletter hopefully.

10. Science Excursion

The Grade 5/6 students will have an opportunity to participate in an Environment Day which is a free curriculum linked event in collaboration with a number of environmental organisations. The program will allow students to participate in activities to understand their local environment. The day will be held on Wednesday 20th May from 9.30am until 2pm and the location is at the Reedy Swamp in Shepparton. There will be no cost for this day but we are after some help with transport on the day (2 cars are needed). Permission forms will go home soon. We aim to leave school at 9am and return at 2.30pm. Sessions and presenters for the environment day are below.

Date:	Wed 20th May 2015	
Sessions	Activity	Presenters
1	Native Fish Awareness	Fisheries Victoria
2	Bird calls	Landcare
3	Indigenous Education	Parks Vic
4	Waste Education	Council Waste Department
5	Turtles (live)	Turtles Australia
6	Environmental Art	Kim Carter
7	Bug Biodiversity	Bug Blitz, Sale

11. Information Nights – Grade 6's

The transition program for Grade 6 students is about to commence formally with information nights for future enrolments in 2016. Families should be aware of the following dates. All sessions begin at 7pm:

Shepparton HS – May 18th
McGuire College – May 20th

Mooroopna SC – May 19th
Wanganui Park SC – May 21st

12. School Performances

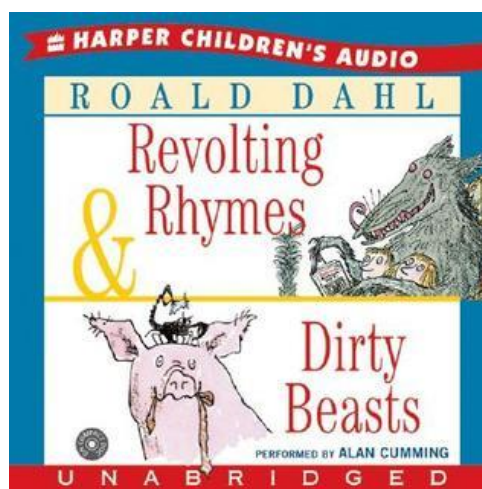
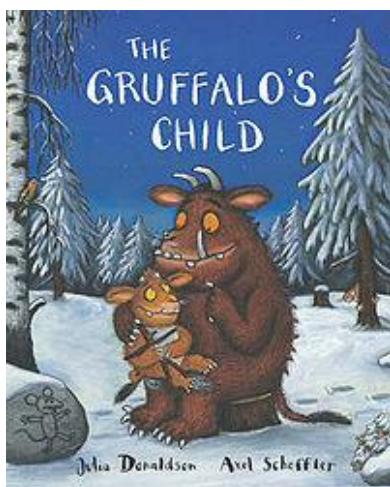
A huge thank you to the Parents Club who have agreed to fund \$4 for each of the 2 shows below. Therefore, the cost for each show is now only \$6 for each student. Payments can be made now, but these are not due until the end of May.

Show 1 (Term 2) – Wed 17th June (1.30 – 2.30pm)

Show 2 (Term 3) – Thur 23rd July (11.30am – 12.30pm)

Title: Roald Dahl's Revolting Rhymes & Dirty Beasts
Art Form: Drama / Comedy

Title: The Gruffalo's Child
Art Form: Physical Theatre, Music, Puppetry



13. NAPLAN

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. It has been an annual event for schools since 2008. On Tuesday 12th, Wednesday 13th and Thursday 14th May, students will undertake the 2015 NAPLAN tests. A back up day will be made available on the Friday. NAPLAN is made up of tests in the four domains of Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy. NAPLAN assesses skills in literacy and numeracy that are developed over time, through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how individual students are progressing in numeracy and literacy skills against national standards for all Australia children.

All students are encouraged to participate in the tests. Students with disability may qualify for special provisions that reflect the support normally provided to them in the classroom. An individual student NAPLAN report will be issued by the school later this year. Parents can use this information to monitor how their child is progressing and to identify any areas of concern. Parents may also wish to use their child's results to discuss progress with teachers. Mr Brodie will be conducting all of the NAPLAN tests with Grade 3 and 5 students this year.

More information is available at www.naplan.edu.au

14. Bike Education

The Annual Bike Education Program began today for students in Grades 2-6. Permission and checklist forms must be returned, so that children can participate in this program.

Bev Montgomery (Bike Ed Co-ordinator) – 0400 914464

Week 1 (Week 3 – Art & Music Week)

Monday 27 th April	9.30am > 11am (5/6)	11.30am > 1pm (2/3/4) – Class & Bike Sessions
Wednesday 29 th April	9.30am > 11am (5/6)	11.30am > 1pm (2/3/4) – Bike Sessions
Thursday 30 th April	9.30am > 11am (5/6)	11.30am > 1pm (2/3/4) – Bike Sessions

Week 2 (Week 4 – Library Week)

Monday 4 th May	9.30am > 11am (5/6)	11.30am > 1pm (2/3/4) – Bike Sessions
Wednesday 6 th May	9.30am > 11am (5/6) (On Road Test)	11.30am > 1pm (2/3/4) – Bike Sessions
Friday 8 th May	9.30am > 11am (5/6) – Grade 6 Bike Ride	

15. Finance & School Council

The Next Finance and School Council meeting will be held on Wednesday 6th May. Finance will begin at 6.45pm and School Council will begin at 7.30pm.

16. Outside School Hours Care

OSH Care (Outside School Hours Care) continues this Wednesday, Thursday and Friday in the Multi-Purpose Room. Each session begins at 3.25pm and concludes at 6pm. Specific information is available at the website below and prices are summarised below as well:

Website - <http://www.tally-ps-3067.vic.edu.au/page/176/Outside-School-Hours-Care>

Permanent Enrolment \$18	Casual Enrolment \$20
If collected before 4.30pm \$11	

ENROLMENT FORMS MUST BE RETURNED FOR EACH STUDENT BEFORE THEY CAN PARTICIPATE IN THIS PROGRAM AFTER SCHOOL HOURS – WEDNESDAY, THURSDAY AND FRIDAY.

17. Absences

Just a reminder that parents need to formally send in a note for any student absences. This is the preferred option for Tallygaroopna PS and absence notes are regularly put in the school newsletter. An alternative option is to email the school about absences – this can be printed off and recorded, without any disruption to school activities. From Monday to Thursday, schools can contact Mrs Armstrong at the office and Mrs Armstrong can write a formal note if needed. Obviously, Mrs Armstrong is away every Friday and any phone calls can be a disruption to normal classroom activities. Therefore, on Friday – just email the school (see newsletter front page) or text me and I will record this absence on a note.

Mr Brodie - 0411960164



**TALLYGAROOPNA PRIMARY SCHOOL
PRIDES ITSELF ON BEING A
COMMUNITY SCHOOL**



ResourceSmart Schools Program



Recently Tallygaroopna Primary School has been accepted into the ResourceSmart Schools Program which is a Victorian Government initiative that aims to provide practical support to schools and their communities to learn to live and work more sustainably.

The framework will provide a way for our school to gain recognition under the 5Star Sustainability Certification process and conduct sustainability planning so that we can take actions that contribute to savings in the areas of **energy, water, waste and biodiversity**.

Tally PS has commenced work on the Core and Energy Modules of the Program. The Core Module is all about evaluating where we are, where we want to get to, and how we will get there. The Energy Module works toward energy conservation, energy efficiency, reducing greenhouse gases and improving air quality. Mr Brodie was successful in gaining a \$10,000 Energy Efficiency Grant last year to be used for an Energy Audit (carried out in February by GV Community Energy) and implementing recommendations from this Audit. This will be done throughout the remainder of the year.

This is a whole school community opportunity to learn about what we can do to improve our resource efficiency here at Tallygaroopna Primary School. The staff and students will be looking closely at ways that we can reduce waste and decrease our reliance on energy and water, plus increase our school's biodiversity. We would welcome any suggestions, ideas or feedback from our school families. Please contact Karen in the Office if you have any queries.

Our "Green Board" located just inside the front entrance door will keep you informed of sustainable activities happening at our school. You can place any suggestions in our "Green Box" also located here.




Fairleys Supa IGA Community Rewards Program

Our school has registered for the Fairleys Supa IGA Community Rewards program. Families can register in-store. Funds generated by customer point donations are converted to cash and handed over at the end of the financial year.

Introducing
FAIRLEYS
SUPA IGA

Community REWARDS
FUNDRAISING PROGRAM

Please Help Financially Support Your School... Join Today!

 fairleysiga.com.au



****WINTER TRAINING****

Tigers Basketball Club will be running group trainings on TUESDAYS & WEDNESDAYS 5-6PM at VISY commencing 14th & 15th April.

\$2 per player per week.

There will be no individual team trainings over winter, only group trainings.

Bring your own ball and drink bottle.

Some of the BIG V GATORS men will be running these sessions to help you improve on your skills.

ALL players are expected to attend on either (or both) nights throughout the winter season.

AusKick – expression of interest



The Tally Football Club is chasing expressions of interest of kids wanting to do Auskick this season, if we can get enough numbers together we will start in the next week. Please call Pete Burgess ASAP on 0409 515 048 if interested.

The role of sleep and learning for teenagers

Getting a great night sleep is essential for brain health and especially important when learning and studying. Researcher Chris Evans, believes the most important function of sleep is to allow your brain to consider the new things that have been learned that day. He suggests new learnings are filed and consolidated in the memory system during sleep.

Teenagers usually need more sleep than adults as their brains and bodies are going through significant growth and change. It is recommend that teenagers get around 9 ¼ hours of sleep to be their best. Lack of sleep affects brain function including mood, concentration, memory and problem solving ability.

To get a great nights sleep here are four tips:

1. Make your bedroom a haven for sleeping

It is essential to make your bedroom space calming and comfortable. The brain loves neat and tidy. Sleeping in an over busy and messy room can often stimulate the brain making it harder to relax, so tidy up unfinished work and clear the floor. Another tip is to turn your digital clock around so you cannot see the time. This is for two reasons; Firstly, the light shining in your room can stop the natural sleep process and secondly, you do not want to be continually checking the time and cause you stress because you are not sleeping. Ensure your room is on the cool side rather than hot. Studies show rooms 5-10 degrees lower than the average daytime temperature helps with sleep.

2. Avoid TV or screens before bed

The effects of screens on the brain, before bed is well documented. While checking your phone, or reading on a devise just before bed might seem natural enough, it is not for your brain. A stream of phonons from the screen tells your brain it is not time to go to sleep. In turn, this prevents the secretion of Melatonin, the chemical responsible for sleep timing and blood pressure regulation. Even just the small glow of the phone screen when you check the time at night can be enough to interrupt sleep patterns. The suggestion from the experts is to shut all electronic devises off at around 9pm or an hour before you go to bed.

3. Be mindful about what you eat or drink before bed.

Certain food can stimulate or diminish your ability to sleep. Foods to avoid before bed include spicy foods, caffeine and high fat foods. Instead choose foods that contain tryptophan such as turkey, eggs and milk which can help promote sleep. Nutritionist, Jessica Redmond, suggests it is best to avoid eating large meals in the hours leading up to bedtime. If you have to eat right before bed, eat a small meal or pre-portioned snack.

4. Start a bedtime routine

Dim the lights while you get ready for bed, or turn off bright overhead lamps and switch to a soft, bedside lamp. Your body is programmed to sleep when it's dark. Attempt to go to bed at the same time every night. Choose a time when you normally feel tired, so that you don't toss and turn. Try not to break this routine on weekends when it may be tempting to stay up late. If you want to change your bedtime, help your body adjust by making the change in small daily increments, such as 15 minutes earlier or later each day.

It can be tempting to burn the candle at both ends while studying however if you get adequate sleep it can maximise the learning you do while you are studying.



ABSENCE NOTE – 2015



Student's Name.....

Class..... Date of Absence.....

Reason.....

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Signed.....



ABSENCE NOTE – 2015



Student's Name.....

Class..... Date of Absence.....

Reason.....

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Signed.....



ABSENCE NOTE – 2015



Student's Name.....

Class..... Date of Absence.....

Reason.....

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Signed.....

TALLY P.S. CALENDAR – TERM 2 FOR 2015

6	7	8	9	10
SCHOOL HOLIDAYS				
13	14	15	16	17
Music Newsletter	Kinder Day	OSH Kinder Day	OSH Kinder Day	OSH Art Family Portraits – 19 th
20	21	22	23	24
Mini Newsletter Tradit. Games	Kinder Day Welfare Officer	OSH Wreath Making – 11am	OSH Kinder Day Library Playgroup Welfare Officer	OSH Anzac Day Ceremony – 25 th 10.30am
27	28	29	30	1
Music Newsletter Bike Ed 2-6 Tradit. Games	Kinder Day Welfare Officer	OSH Kinder Day Bike Ed 2-6	OSH Kinder Day Welfare Officer Bike Ed 2-6 Mother's Day Activity	OSH Art

APRIL

Mon	Tue	Wed	Thu	Fri
4	5	6	7	8
Mini Newsletter Bike Ed 2-6 Tradit. Games Kids Helpline	Kinder Day Welfare Officer	OSH Bike Ed 2-6 School Council	OSH Kinder Day Library Playgroup Welfare Officer	OSH Bike Ride – G. 6 Interschool Cross Country Mums Day – 10th
11	12	13	14	15
Music Newsletter Tradit. Games	Kinder Day Welfare Officer	OSH Kinder Day	OSH Kinder Day Welfare Officer Kinder Visit	OSH Art
NAPLAN – G.3/5				
18	19	20	21	22
Mini Newsletter Mrs H Returns Tradit. Games	Kinder Day Welfare Officer Curric. Day	OSH Science Excurs. – Grade 5/6	OSH Kinder Day Library Playgroup Welfare Officer Big. Morn. Tea Grandpar. Day	OSH Div. C. Country Walk Safely to School Day
25	26	27	28	29
Newsletter Tradit. Games	Kinder Day Welfare Officer Kids Helpline	OSH Kinder Day	OSH Kinder Day Welfare Officer Music	OSH Art Jump Rope Day

MAY