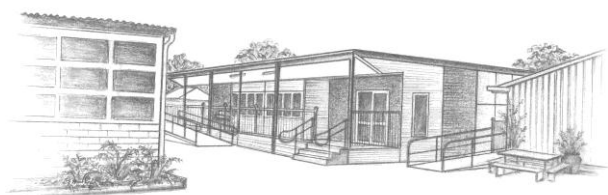


TALLYGAROPNA PRIMARY SCHOOL NO.3067



Victoria Street, Tallygaropna

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Website - <http://www.tally-ps-3067.vic.edu.au/>

Mobile 0403625625 / 0411960164

SCHOOL VALUES - RESPECT, HONESTY & INCLUSION

NEWSLETTER

TERM 1 NO.1 4th February 2013

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Hi everyone,

Welcome to the 2013 School Year. I hope everyone had an enjoyable and restful holiday period and I am sure we are all looking forward to an exciting year at Tallygaropna Primary School. Over the holiday period, the teachers have spent a lot of time and effort preparing grades and organising resources and I know the children of our school will enjoy their time at Tally PS this year. Our school is well equipped to cater for 21st Century Learning and we can be extremely proud of the resources which we have presently. As always, a number of important forms will go home early in the year – it would be appreciated if these could be returned ASAP to enhance our general management of the school. As per last year, I will be teaching full time and Karen Armstrong (School Bursar) will be in the office from Monday to Thursday to assist any parents if needed.

The school numbers are listed above but if anyone needs to contact me out of school hours, my mobile number is 0411960164. Feel free to see me at school in regard to any matters that arise no matter how trivial they may be. I have an open door policy at school, and I will always seek to do what is best for our children. Apologies for such a large first newsletter, I promise they will be condensed more in the future.

David Brodie
Teaching Principal

Preps are not required at school on Wednesdays for all of February. Their first full week will begin on Mon 4th March.

Permission forms for the Geelong Football Club Clinic are due tomorrow – Preps are invited!!

School Captains & Junior School Council will be announced at Assembly on Monday 11th February.

Our first School Council Meeting for the year will be held this Wednesday beginning at 7.30pm. The Finance Committee will meet at 6.30pm.

An Information & Meet and Greet Evening will be held on Wednesday 13th February. The night will begin at 5.30pm and conclude at 6.30pm.

IF YOU WOULD LIKE TO RECEIVE THE NEWSLETTER VIA EMAIL – PLEASE CONTACT THE OFFICE.
THE SCHOOL NEWSLETTER IS ALSO AVAILABLE ON OUR SCHOOL WEBSITE.

Christmas Concert / Grade 6 Graduation Night – 2012



All students need to please bring their green reader bags back to school ASAP. These will be used this year to hold their readers and homework as per normal.

There is a late arrivals, early departures (students) and visitor's (parents) book that needs to be signed at the office counter on a regular basis if the need arises. This will aid our emergency management of the school.

This year, we will only have 2 School Captains. There will be one boy and one girl in Grade 6, selected by staff and peers to fulfil these roles. All of the other Grade 5/6 students who miss out as being a school captain, will have an opportunity to be involved in Junior School Council for this year. There will also be one student in Grade 3 and 4 involved in JSC as well.

This year we welcome Elizabeth and Greig Buckland (Jake), Claire and David Haberfield (Sam & Tomas), Tanya Brown and Christopher Sanders (Zane), Adele Tillett (Haymish) and Andrea Mackerral, Marcus Clough and Michelle Welsh (Tyson) into our community and we trust that their time will be both rich and rewarding.

New pupils starting this year are **Jade Klein, Matthew Church, Jake Buckland, Sam Haberfield, Tomas Haberfield (all Preps), Zane Brown (Grade 1), Haymish Wilson (Grade 5) and Tyson Clough (Grade 6).** We wish them well in their first year at Tallygaroopna Primary School.

1. Prep Information

Throughout the month of February, children in Prep WILL NOT attend school on Wednesdays. They will remain at home on 6th, 13th, 20th and the 27th February. There may be some Wednesday's where Mrs Wallace may require your child to attend a certain time for specific testing, but she will inform parents of this if there is a need. We will continue to implement a whole school buddy program on Friday afternoons, once every fortnight. The first full week for Preps will begin on Monday 4th March.

All Prep Children are invited to the Geelong Football Club Clinic on Wednesday. We will leave school by bus at midday and return to school at approximately 2.30pm. Prep children are only required at school from midday onwards, so that they can continue to utilise their rest day. Parents are welcome to collect their Prep children at the end of the clinic if they wish or they can stay for the duration of the school day. Permission forms will need to be returned and the cost for the bus is \$2.

2. Newsletter / Website

For the information of new parents, please note that newsletters are usually sent home each Monday. Please check your child's bag for these as they contain important information on what is taking place in the school. Any items for the newsletter must reach the office by 9.00am on Monday. The newsletter will also appear on the school website and it will be there each Monday after school. I encourage all families to take a look at this site as it will be constantly evolving over time and many other valuable resources for parents and children are found here. If you would like to receive your newsletter by email instead of a paper copy, please contact Karen at the Office.

3. Staffing

Staffing arrangements for this term are as follows:

Principal - Mr David Brodie	Business Manager - Mrs Karen Armstrong (Mon – Thurs)
Prep/1 - Mrs Sandra Wallace	Grade 2/3/4 - Mrs Claire Haberfield
Grade 5/6 - Mr David Brodie	Information Technology (Monday) – Mr David Brodie / Mrs Claire Haberfield
MACC Van (Art) – Mrs Gwen Hack	P.E. (Tuesday) – Mr David Brodie / Mrs Sandra Wallace
MARC Van (Library) – Mrs Robyn Mitchell	Science Specialist – Rosalie Thomas
Keyboard Lessons – Cliff Doornkamp	

4. School Times

The school day commences at 9.00am and concludes at 3.25pm. Recess is from 11.00 – 11.30am and Lunch is from 1.15 – 2.00pm (children eat in classrooms from 1.05 – 1.15pm). We are obliged to give children 5 hours of instruction at school and these specific times cater for this and allow some flexibility with our bus at the end of the day.

5. Art / Library Van

Our MACC and MARC Vans will continue to come to our school on alternative weeks to support our Library and Art Programs at school. Art (MACC) will begin this Friday 8th February and Library (MARC) will begin the following week on Thursday 14th February. **It would be appreciated if an old shirt could be supplied as an Art Smock if possible. Green bags will be used for borrowing library books.**

6. School Fees for 2013

This year, school fees will increase by \$10 to \$150 for the school year. This is in line with the ongoing cost increases with many things in society at present. This includes subsidizing school supplies along with many programs which are implemented at school including the MACC Van, MARC Van, Mathletics, Reading Eggs, Ziptales, Skoodle, etc. Again, there will be no set Excursion Levy included this year. As a result, families will have 2 options – either to pay for excursions throughout the year as they occur or, pay an amount upfront which will be allocated to excursions as they occur. This system allows families to be able to track what excursions are held and paid for.

Whole School Excursions / Incursions Planned for 2013 – Amounts are Estimations only.

Geelong Football Club Clinic -\$2

Life Ed. Van-\$4.25

Cluster Days

* Term 1 – Aquamoves-\$4.00

* Term 2/3/4 – Cluster Days at other small schools-\$5

* Performance at Wanganui Park SC-\$7.00

* Athletics Sports-\$5.20

* Swimming Program-\$45.00

Possible Individual Grade Excursions – Amounts are Estimations only.

Yachting-\$25.00

Kanga 8's Carnival-\$2.00

End of Year Excursion – Whittlesea Fun Fields-\$40.00

A number of specific programs will be offered to families as they arise. As a result, the list above with specific costs is subject to change.

7. School Assembly

A school assembly is held each Monday morning beginning at 9.00am in the Project Room. Parents are quite welcome to attend and it generally concludes at approximately 9.20am.

8. Sun Smart Policy

Tallygaroopna Primary School endorses a SunSmart policy during many warm months (September until the end of April). Students must wear their wide-brimmed hat at recess and lunch time. Students without hats must stay in the undercover area between the Multi- Purpose Room and the Brick Building. New hats may be purchased from the school at a cost of \$10.

9. Religious Education

Parents wishing to change previous arrangements with their child undertaking RE will need to notify the school. This program is extremely beneficial and links directly into the important school values that we are aiming to get our children to live by (respect, honesty and inclusion). This will be held on a Thursday and is scheduled to begin on 7th March.

10. Term Dates

Over the next few weeks, I will continue to update this section. Dates for TERM 1 are:

February 5th – Cyber Safety Day

February 6th – School Council 1 – week 2

February 11th – AASC Begins

February 14th – Library Begins (MARC Van)

February 21st – Responsible Pet Program

March 1st – Munch N Crunch

March 11th – Labour Day Holiday

March 13th – School Council 2 (AGM) – week 7

March 24th – Bunnings Fundraising BBQ

March 26th – Athletic Sports Back Up Day

February 6th – Geelong FC Clinic – Numurkah

February 8th – Art Begins (MACC Van)

February 13th – Meet & Greet Information Night

February 19th – CPR Update / Anaphylaxis

February 27th – Science Cluster Day – Katandra West PS

March 5th – Kindergarten Visit

March 12th – Parents Club AGM

March 13th – Cluster Aquamoves Day

March 25th – Athletics Sports

March 28th – Term 1 Concludes

11. Payment Envelopes

Specially printed envelopes have been sent home with the students today. When sending money to school, please seal it in the envelope, fill out the details on the front of the envelope and post it in the locked box inside the office door.

12. The Ultranet

We have managed to bring all of our students online with the Ultranet over the last couple of years. Students will be utilising this resource in and out of the classroom over the next few months and their new learning goals should be online soon. If parents need any assistance getting online could they contact David at school ASAP. There have been a few small issues with this resource and we will endeavour to assist if there is a need. New Welcome Letters will be given to new parents as soon as possible. New Preps will be able to access this site soon.

<https://ultranet.vic.edu.au>

<http://www.education.vic.gov.au/about/directions/ultranet/default.htm>

13. Medicine at School

For those students required to have medication whilst at school, a Medication Request Form is required to be filled out, signed and returned to the school office prior to the student be administered medication. A form is attached to this newsletter. Further copies are available at the Office. This does not apply to children with asthma with their puffer, although the office must be informed of the child's needs in this regard. Any change to the child's medical condition should be relayed to the office ASAP.

14. Headlice

Please be vigilant in checking your child's hair for lice. We were relatively 'lice-free' last year and would like to continue in this vein this year. Thanks for your cooperation.

15. Frozen Fruit Sticks

Frozen fruit sticks will be available for sale each Friday at lunchtime for 50 cents each.

16. Fruit in Classrooms

This year, all classrooms will be having a fruit/vegetable break at 10.00am each morning. Students are asked to bring along a piece of fruit/vegetable to eat at this time. There will still be the usual play lunch at recess time.

17. Parents Club

A big thank you to the Parents' Club for organising the Morning Tea last Wednesday. It was a great idea and it was terrific to see so many families attend the first assembly for the year. New and existing parents are always welcome to join this club which constantly supports the school. Last year some great fundraising occurred (ie: School Calendar) and the school was able to utilise some funds to go towards school programs which was greatly appreciated.

18. Student Information

Last week we sent home data indicating general information about each student currently held on Cases21 at the school. Could you please check, update if required, sign the forms and return them to school as soon as possible so that we can update our data base. The following forms also need to be filled out, signed and returned:

* Green Confidential Student Information

* Acceptable ICT Use

* Engagement Policy

Some families will also receive 2 Bus Forms, School Asthma Action Plans and EMA forms – could these be returned promptly to the office also.

19. AASC Program

We will be starting our Active After-school Program next week. We will be offering AFL (Football) on a Monday (starting next Monday 11th February) and Aerobics on a Tuesday (starting next Tuesday 12th February). Both sessions will start at 3.35pm and finish at 4.35pm. Participating students will be given fruit for afternoon tea prior to the start of each session. If your child/ren are interested, please fill out the attached form and return to school by this Friday, 8th February. Andrea Walker will be our school supervisor on both days – **if any parents would like to take over the position for a Tuesday, please contact the school.** A Participation Award (icy pole voucher) will be awarded to a random student at assembly each week.

20. School Council

The first school council meeting for the year will be this Wednesday, 6th February at 7.30pm. The Finance Committee will meet beforehand at 6.30pm. **This year, there will be a couple of positions available for parents to be a member of school council. If anyone is interested in being part of School Council for 2013 could you contact David at school.**

21. Personal Property

Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys, sporting equipment and cars parked on school premises. The Department of Education and Early Child Development does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to school property. Therefore, staff, students, parents and guardians should be discouraged from bringing any unnecessary or particularly valuable items to school.

22. School Photos

The 2013 School Photos will not be taken until Wednesday 29th May in the morning. This is a little later than normal and more information will be available early in Term 2.

23. Information Evening

An Information and Meet the Teachers evening will be held at school on Wednesday, 13th February from 5.30pm - 6.30pm. At 6pm Mrs Wallace will speak to Prep/1 families for approximately 30 minutes. This year there will be no evening meal as we have found that very few families have made use of this facility in recent years.

24. Homework

Homework is an opportunity for parents or carers to participate in their child's education. Homework complements and reinforces classroom learning, and fosters good lifelong study habits. We acknowledge that families have busy lives but all we are asking for as staff at Tallygaroopna PS is a minimum of 30 minutes a week along with nightly reading. Spelling and tables may be implemented by classroom teachers on top of this. As staff, we will accept notes by families if homework is unfinished, as long as this is not a regular occurrence. Homework will be handed out **early in the week** and will be expected to be returned and completed by Friday.

Parents can help children by:

- encouraging a regular daily session to examine and complete homework
- discussing key questions or suggesting resources to help with homework
- helping to balance the amount of time spent between homework and recreational activities such as watching television or playing computer games
- asking how homework and class work is progressing, and acknowledging success
- talking to teachers to discuss problems with homework
- for upper primary and secondary students, checking whether homework has been set and ensuring that their child keeps a homework diary
- reading texts set by teachers and discussing their child's responses to set texts and asking to see work they complete in relation to these texts

25. Online Resources

Our school has again invested in a number of online educational programs which are available for student use at home and at school. These programs obviously complement specific activities which are implemented in class. Passwords will be sent home with parents for these as soon as possible.

<http://www.mathletics.com.au/>

<http://readingeggs.com.au/>

<http://www.ziptales.com/>

<http://www.skoodle.com/d/>

26. I.T. – Acceptable Use

This week, all families will receive information in regard to acceptable use with the Ultranet, Internet and other Digital Technologies. Although, there is a lot of information in this document, page 2 is all that is needed to be returned to school. Could this be done by **Monday 11th February please**.

27. Engagement Policy

All families will receive the schools revised Engagement Policy which includes our current school values. This document was approved in 2010 and it is a living and breathing document so new additions / alterations may occur throughout the year. Could parents return the last page of this document to the office by **Monday 11th February please**.

28. Soccer Teams

Any children wishing to play soccer this year with Northerners Soccer Club can leave their names at the office. More information will be available soon.

29. Social Skills Program

This year, all classes will deliver the You Can Do It Program in a more formal manner. Lessons will be conducted on a regular basis during the week and will focus on the 5 keys which are: Confidence (academic, social), Persistence, Organisation, Getting Along and Resilience. The Core Purpose of this program is aimed at the development of young people's social and emotional capabilities.

30. Kidsmatter / ESmart

Throughout the year, our school will be implementing 2 initiatives which are both aimed at making Tallygaroopna PS an engaging and thriving learning community. Information will be regularly made available via the newsletter – stay tuned.

KidsMatter is a mental health and wellbeing framework for primary schools and early childhood education and care services, and is proven to make a positive difference to the lives of Australian children.

Website - <http://www.kidsmatter.edu.au/primary>

ESmart aims to make cybersafety a normal part of everybody's life by equipping them to use technologies in ways that are positive and that protect them from potential risks. The first major focus of ESmart is to help schools create a cultural norm of smart, safe and responsible use of digital technologies.

Website - <https://www.esmartschools.org.au/Pages/eSmartPortal.aspx>

31. School Values

These values are used to support our students, teachers and parents in becoming positive citizens within their community.

- Inclusion: including others and to not leave anyone out. It is important to let people join in if they are not playing with anyone and to involve others in decision making so that everyone gets a say.
- Respect: being nice to others and to treat others how you would like to be treated. If you show respect you look after property that belongs to individuals and consider other peoples thoughts and opinions. Respect also involves being considerate of differences and personal space.
- Honesty: tell the truth and own up to things in a mature manner. Individuals who are honest don't lie and always strive for their best without settling for second best.

32. School Bus Safety

All families should have received information about the School Bus for 2013. Could information regarding Safe Travel and Bus Rules please be returned to the school office by **Friday 8th February please**.

It is imperative that families who have children who are bus travellers contact the school if their children are not going on the bus in the afternoon. This will enable the bus to keep to the scheduled times. Mrs Haberfield will be the school contact for buses in the afternoon and parents will need to make contact with her using either notes or phoning the school. Alternatively, parents can text message Mrs Haberfield on 0400 879 206 but please DO NOT ring her mobile during class time. There has been some confusion in the past, so could parents contact the school to confirm specific days which children use the bus please.

33. English Online Interview

The English Online Interview is a powerful online tool for assessing the English skills of students in Years Prep to 2 in Victorian government schools. The Interview assesses students across the three dimensions of the English domain of the Victorian Essential Learning Standards (VELS) – Reading, Writing and Speaking and Listening. Teachers will be conducting these tests over the next few weeks. It is compulsory to conduct these with Prep students and we will be endeavouring to complete them with students in Grade 1 and 2 also.

<http://www.education.vic.gov.au/studentlearning/teachingresources/english/englishonline/default.htm>

34. Thank you

Thank you to the Parents Club for the gifts which were purchased for Grade 6 students and families who were leaving the school at the end of last year. Your thoughts were really appreciated. Thank you to Rhonda Crozier also who kindly donated a bible for each Grade 6 students from the Shepparton Assembly of God Church.

**STUDENT OF THE WEEK WILL START ON MONDAY 11TH FEBRUARY.
STUDENTS WILL RECEIVE AN ICY POLE VOUCHER.**

STUDENTS ARE ABLE TO ACCESS SUNCREAM ON A REGULAR BASIS IF NEEDED.
THIS SITS ON THE TABLE NEAR THE SINK IN THE PROJECT ROOM.

ONCE A WEEK, WE WILL BE SOUNDING OUR 2 ALARMS TO ALLOW STUDENTS TO BECOME AWARE OF
THESE IF THE NEED ARISES IN THE CASE OF AN EMERGENCY.

ANY CHILDREN IN THE SENIOR GRADES INTERESTED IN DIVISION TENNIS OR SWIMMING WILL NEED
TO SEE MR BRODIE ASAP – STUDENTS SHOULD BE OF A HIGH ABILITY LEVEL.

Asthma

School Asthma Action Plan forms have been sent home to families with students with asthma. Could these forms be completed and signed as soon as possible and returned to school. This is to ensure that the school has the student's most recent Action Plan on file.

Confidential Student Information

A green Confidential Student Information form was sent home last week. This form acts as a quick reference for the staff on excursions and ensures that the school has up-to-date information and signatures for a variety of issues and programs. Could this form please be filled out (please ensure both sides have been completed) and returned to the school Office as soon as possible.

Keyboard and Guitar Lessons for 2013

Cliff Doorncamp will be conducting both guitar and keyboard lessons at the school in 2013. Lessons are held each Monday with individual lessons lasting 20 minutes. The cost of the lessons is \$16 per session (payable at time of lesson). For more information, please contact Cliff on 5831 4270. Please return form below to the school office to express your interest.

Name

Grade

Parent's Signature

Phone

☐

Guitar

☐

Keyboard

Lessons began today – Monday 4th Feb

Second-hand Uniforms

If anyone has any small sized uniforms that they no longer require could you please send them along to school. If anyone would like to order new school uniforms, could you please fill out the attached order form and return it to school with payment by this Friday, 8th Feb. An order will be put through on Monday 11th Feb. T-shirts and long-sleeved t-shirts are available at school.

Thank you Bev Montgomery (Uniform Coordinator)

Parents can pick up any unclaimed plates left behind last year from the school staffroom.

Book Club Issue 1 order forms were sent home with students today. If you would like to place an order, please fill out the form and return to school (cheques made payable to Tallygaroopna PS) by THIS Friday, 8th Feb.

Financial assistance available to parents with children commencing school in 2013

Education Maintenance Allowance (EMA):

The Education Maintenance Allowance (EMA) is provided by the Victorian Government to lower-income families to help with education-related costs.

If you have a child under 16, and hold a valid Health Care Card, Pension Card, or are a temporary foster parent, you may be eligible to receive the EMA. The allowance is paid in two instalments, one in March and one in August.

The payment is intended to assist with education-related costs such as; **uniforms, excursions, textbooks, and stationery**. You can elect to have your EMA paid in one of the following ways:

- Paid by direct deposit (Electronic Funds Transfer) into your own nominated bank account; **or**
- Paid to the school to be held as credit which you can use towards education expenses; **or**
- Paid by cheque which will be posted to the school for collection.

In 2013, the annual EMA amount is:

- **\$200** for prep students
- **\$150** for students in years 1 – 6.
- **\$300** for year 7 students
- **\$250** for students in year 8 – until age 16.

How to Apply: Contact the school office to complete an application form for the EMA.

Closing Date: Parents/guardians need to lodge an EMA application form by **28 February 2013**.

For more information about the EMA, visit www.education.vic.gov.au/aboutschool/financial/ema.htm

Schoolkids Bonus:

From January 2013, a new payment called the 'Schoolkids Bonus' will be introduced by the Commonwealth Government. The Schoolkids Bonus will be paid by Centrelink in January and July each year to help families with school costs.

Families receiving Family Tax Benefit Part A will receive:

- up to \$410 for each child in primary school
- up to \$820 for each child in secondary school.

For more information about the Schoolkids Bonus, visit
www.humanservices.gov.au/customer/information/schoolkids-bonus

ABCD Parenting Young Adolescents Program

The Parent Education Service at Primary Care Connect invites parents and carers of 11-14 year olds to attend:

The ABCD: Parenting Young Adolescents Program.



This practical and enjoyable program will take place on a Tuesday evening and runs for four sessions, held once a week over four consecutive Tuesdays. It aims to help parents and carers understand and cope better with the challenges of parenting and staying connected with their children as they move onto Years 5, 6, 7 and 8 and adolescence.

Starting When & Where?

Tuesday 26th February 2013 for four Tuesday evenings from 7.00-9.30pm

At Primary Care Connect, 399 Wyndham Street, Shepparton

Total Cost: \$15.00 per person (Concession available)

Cost covers program workbook and refreshments

Bookings are essential as places are limited

To register or for further information contact Jenny Morgan

At Primary Care Connect

Tel: 58 233 200

Positive Parenting Program Triple P

The Parent Education Service at Primary Care Connect invites parents and carers of 2 to 10 year olds to attend the:

Positive Parenting Program.

At times we are all challenged in our role as parents. Come and join the group and share some strategies to help build strong healthy families and enhance your relationship with your children.

The program will be run as 4 sessions and will take place once a week for 4 weeks on a Thursday evening.

Topics include:

- Building positive relationships
- Teaching new skills and promoting positive behaviour
- Managing misbehaviour
- Planning ahead/family survival tips
- Parent self care
- Individual parenting strategies.

Starting When & Where?

Thursday 21st February for four Thursday evenings from 7.00-9.30pm

At Primary Care Connect, 399 Wyndham Street, Shepparton

Total Cost: \$25.00 per person (Concession available)

Cost covers program workbook and refreshments

Bookings are essential as places are limited

To register or for further information contact Jenny Morgan

At Primary Care Connect

Tel: 58 233 200

Unfogging the Future

A Course for Parents with Mental Health Issues

**Starting on
7th February 2013**

**To book a place or for
more information contact**

Zoe Edmonds
FaPMI Coordinator
(Families Where a Parent
has a Mental Illness)
Tel: 0427322344
fapmi@gvhealth.org.au



An informative six week program that explores parenting styles; communicating well with your children; building healthy family relationships; managing challenging behaviour; and developing self-care. For parents living with a mental health condition who have children aged 2–18 years old.

When: Thursdays 10am – 12.30pm

Starts: 7th February 2013 (last session 14th March)

Where: Primary Care Connect – 399 Wyndham St, Shepparton.

Light lunch provided.

Funding for childcare and transport is available, if needed.



Separated Parents

Are your Children?

Feeling
uncertain or
anxious

Torn
between
their parents

Having
difficulty
facing strong
emotions

Worrying
about the
future



Helps kids to:

Begin to name & acknowledge **feelings**

Deal with feelings in a **fun** way

Explore what is **special** about them

Explore **change**

Learning **new** skills – **coping** plans

Move forward with a **positive** focus

For children aged between 7 and 11 years old

Kids Turn Around is **interactive**, challenging, yet **fun & rewarding**; all at the same time!

6 weekly sessions from 4.30-6.00 pm OR 2 days in the **school holidays** from 10am – 2pm.

Next KTA commences Monday 4th February 2013 for 6 sessions, excluding Public Holiday on 11th March.

- a small fee applies -

For information or an application pack please contact

Berry Street on 58 228100

Fishing in the Park

Bring a picnic and your fishing rods to Victoria Park Lake and try your luck at catching a big one!



Activities in the park

Parks Victoria Greater Shepparton City Council

Fishing in the Park will be held on the following days:

Saturday 26 January 2013:	6.00pm - 8.00pm
Thursday 21 February 2013:	6.00pm - 8.00pm
Friday 22 March 2013:	6.00pm - 8.00pm

Register from 5.30pm under the blue tent (located behind the Shell Service Station). All participants who register will go into the draw to win one of four \$50 vouchers from local fishing stores.

- *Bring your own fishing rod, bait, picnic and chairs*
- *Browse local fishing and boating stalls*
- *Free Health Checks available*



For more information contact the Greater Shepparton City Council Leisure Facilities Branch on 5832 9431.

BBQ available for purchase on Australia Day

A Recreational Fishing Licence is required, however those aged 18 years of age and those over 70 years of age, plus some card holders are exempt. For more information visit www.dpi.vic.gov.au





The 2013

**GV HEALTH BIENNIAL
OPEN DAY
AND FUN FAIR**

*Sunday March 24th 11am to 2pm
GV Health, Graham St, Shepparton*

FUN FOR THE WHOLE FAMILY

**RIDES • FACE PAINTING • ART & CRAFT
LIVE MUSIC • GAMES • AND SO MUCH MORE**

*For further information please contact the
GV Health Foundation - 03 5832 2768 or
emma.burgess@gvhealth.org.au*

*free
admission
and
free
car parking*



10 Internet Safety Tips for Parents

If parents, teachers and children can all work together to build a culture of safe and positive internet use, problems can be minimised.

Internet safety is a topic that should be regularly and authentically discussed in classrooms, staffrooms and homes.

Here are some key messages around internet safety that could help parents help their children.

In addition to following these tips, parents might want to install filters on their home computers.

1. Don't let potential problems stop you from letting your child use technology for their education and personal interests.
2. Put computers in a communal area of the house and don't allow portable internet devices (laptops, phones, tablets etc) in the bedroom.
3. Find out what your child is doing online. Talk to them regularly about what websites they visit and take the time sit with them as they use the internet. Make sure you're familiar with how the sites that they visit work.
4. Encourage your child to tell you if they ever have a problem on the internet or if they're ever unsure about anything. Reassure them that you won't take away their connection to the internet if issues occur.
5. Remind your child to keep personal information private. YAPPY is a useful acronym to remind children of the personal information they should not share on public online spaces (blogs, forums etc.) – **Y**our full name, **a**ddress, **p**hone number, **p**asswords, **y**our plans.
6. Remind your child that not everything on the internet is true and not all internet users tell the truth.
7. Don't support your child to sign up for sites that are 13+ if they are under age (Facebook, YouTube, Instagram etc). Make sure your child sets their online accounts to private to limit access to people they know well (when they are old enough to sign up).
8. Encourage your child to balance their leisure time so they're not spending all of their time online.
9. Create your own internet rules for your household and have your child agree to adhere to them.
10. Explore government resources for parents so you can educate yourself and protect your children on the [Cybersmart website](#).

How to offer internet safety tips to parents is another question worth thinking about.

Regularly publishing tips in the school newsletter could also be beneficial.

10 Internet Safety Tips for Students

Have a presentation by the local police officer and cyber safety expert. They can address many issues around internet safety, cyber bullying, sexting, problematic internet behaviour and digital reputation.

Internet safety is something you should plan to address frequently and authentically with all students. Education around this issue is becoming so important.

When students develop internet behaviours without guidance, problems are sure to occur. Teaching students some key messages from a young age will help them navigate their way safely through the internet as they grow older.

Blogging is an excellent way to teach students about being responsible digital citizens and members of online communities. It promotes positive internet behaviours.

Here are some key messages around internet safety that I believe all students should be aware of.

1. Always ask an adult if you're unsure of anything when you are online.
2. Don't sign up for sites that are 13+ if you are not old enough (Facebook, YouTube, Instagram etc).
3. Remember YAPPY (the personal information you should **not** share online) – **Y**our full name, **a**ddress, **p**hone number, **p**asswords, **y**our plans.
4. Don't add people as online friends unless you know them in real life or have parent permission. Never arrange to meet an online friend without talking to a parent.
5. Remember that you cannot believe everything you read on the internet and you can't trust everything online friends tell you.
6. Choose sensible names for usernames, email addresses etc.
7. Talk to your parents about what you're doing online and let them know when you're going on the internet.
8. Know what cyber bullying is and tell someone if you think it's happening to you. Cyber bullying is when someone picks on you, annoys, embarrasses, or threatens you over and over again using technology, such as the internet or a phone.
9. Protect your digital footprint: don't put anything online that you wouldn't want all your friends, family, teachers and future employers to see.
10. Treat others online the way you'd like to be treated.

Find more great information about internet safety on the government website, [Cybersmart](#).