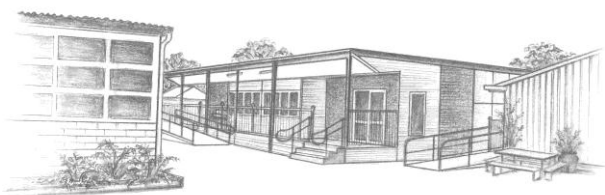


# TALLYGAROPNA PRIMARY SCHOOL NO.3067



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**SCHOOL VALUES - RESPECT, HONESTY & INCLUSION**

## **NEWSLETTER**

TERM 2 NO.12 7<sup>th</sup> May 2012

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#### *Welcome*

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**Jump Rope for Heart Sponsorship forms with money is due this Thursday.**

**Munch N Crunch is on Thursday and all orders will need to be in by Tuesday please.**

**Grade 5/6 students will be having their Bike Education On Road Test on Thursday – assistance is needed.**

Hi everyone,

Welcome to Zailie and Kelsie Dempster along with Rhonda and Travis who join our school after transferring from Zeerust Primary School. We hope that your time here at our school is enjoyable and rewarding. Both the girls have developed friendships with a number of our children at our school through sport and recreation activities and we are sure that they will settle in with ease and get accustomed with our school routines in no time.

Last week was extremely busy with Bike Education, our Visiting Artist Program and Interschool Cross Country. As always, the behaviour and participation of our children was exceptional and something to be proud of. Last week, we started auditions for our School Production also and Mrs H is doing a fantastic job with this at the moment. We hope to announce parts as soon as possible – so stay tuned.

Our first major Parents Club fundraiser concluded last week also – a big thankyou to the many families who put in many orders, your time and effort is very much appreciated. The next fundraiser (Pie Drive) will begin in the next few weeks.

Finally, School Council is on Wednesday night after being rescheduled and we hope to endorse our new Parent Payment Policy then. The draft for this went home a couple of weeks ago – feel free to make any adjustments or suggestions and hand it onto Karen at the office ASAP.

Karen will be away tomorrow, but will be in the office until Thursday this week, if any matters need addressing. I will be away at a Collegiate Meeting tomorrow afternoon and at a Regional Directors Meeting on Friday as well. Have a great week everyone – there are still some AFL footy tickets available if anyone is still interested.

David Brodie – Teaching Principal

**If you would like to receive this newsletter by email contact our office.  
An alternative is to go to our school website.**

### **Bike Education Program – Mrs Montgomery**

Our Bike Education Program began successfully last week, thanks to the good weather. The enthusiasm and participation of the children at school has been exceptional and we look forward to continuing with the program this week. The program will conclude on Thursday with an On Road Test for Grade 5/6 students (parent helpers needed). The Grade 6 Bike Ride will be held on Friday 18<sup>th</sup> May. More details will be available next week – stay tuned!!



### **Robotics**

Last week, the Grade 5/6 students got an opportunity to explore four of the robotics kits which we recently purchased from funding provided by the School Improvement Program – State Budget. Lots of investigating took place and we look forward to a formal lesson from a member of Modern Teaching Aids (Chris Todd) before our Information Technology night which is planned for Monday 21<sup>st</sup> May.





# Tallygaroopna Primary School Recipe Books

**These can still be purchased from the School Office at \$12 each.**

## Interschool Cross Country

Congratulations to all of the students who participated in the Cross Country last Friday. It was great to see the majority of the students from Grade 2-6 participate in this worthwhile day with many great results evident. The following students were in the top 10 and will have an opportunity to progress to the next level on Wednesday 16<sup>th</sup> May at Princess Park in Shepparton – Teagan, Olivia, Brenton, Jordan, Harvey and Brock. There is an entry fee of \$8 which should be paid to the school ASAP. Parents will be responsible to transport children to and from the venue if they wish them to participate. All children must wear an identification tag with the following information on it.

### Division Cross Country Times – Wednesday 16<sup>th</sup> May

10 & under boys	12.00 (2000 metres)
10 & under girls	12.15 (2000 metres)
11 y.o. boys	12.30 (3000 metres)
11 y.o. girls	12.50 (3000 metres)
12/13 y.o. boys	1.15 (3000 metres)
12/13 y.o. girls	1.35 (3000 metres)

Places for Students who participated in the Interschool Cross Country last week were:

### Grade 2/3/4 Results

Kyle 17 <sup>th</sup>	Campbell 41 <sup>st</sup>	Harvey 4 <sup>th</sup>	Mitchell 13 <sup>th</sup>
Mikayla 27 <sup>th</sup>	Stephanie 32 <sup>nd</sup>	Preston 12 <sup>th</sup>	Bill 46 <sup>th</sup>
Jacob 47 <sup>th</sup>	Bailey 13 <sup>th</sup>	Jordan 1 <sup>st</sup>	Brooke 33 <sup>rd</sup>
Brock 3 <sup>rd</sup>	Zane 21 <sup>st</sup>	Taylah 18 <sup>th</sup>	Brittany 17 <sup>th</sup>

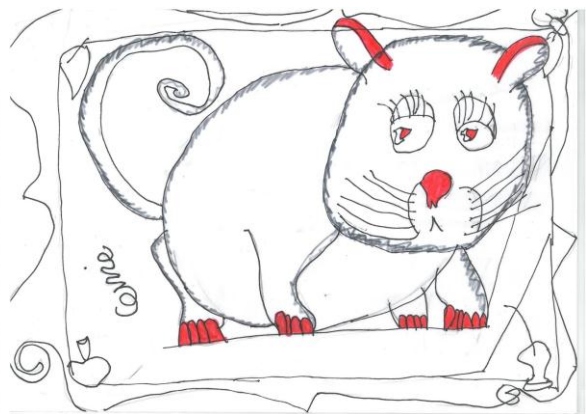
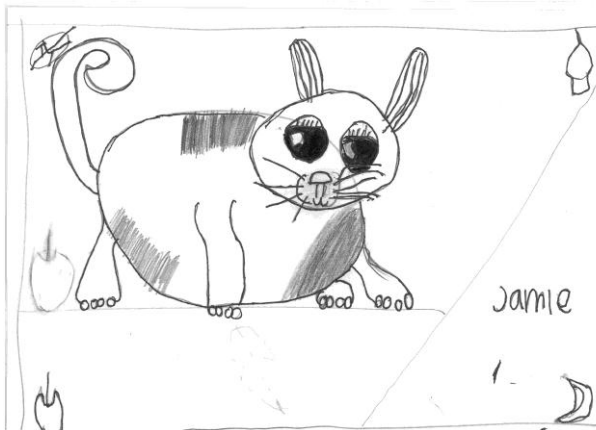
### Grade 5/6 Results

Teagan 3 <sup>rd</sup>	Cerrie 27 <sup>th</sup>	Abby 17 <sup>th</sup>	Connor 21 <sup>st</sup>
Brenton 6 <sup>th</sup>	Harri 23 <sup>rd</sup>	Corbie 23 <sup>rd</sup>	Olivia 3 <sup>rd</sup>
Ebony 16 <sup>th</sup>	Shae 16 <sup>th</sup>	Kaleb 24 <sup>th</sup>	Jamie 26 <sup>th</sup>



### Visiting Artist

We were fortunate to have a Visiting Artist come to our school last Friday. Richard Baker worked with the students with illustrations and the children were able to ask him many questions about what makes a good artist. Thanks to Mrs Hack for organising this session complemented our fortnightly MACC (Art) program.



#### **1. Tallygaroopna Pub**

On behalf of our school community I would like to express our sincere condolences to the proprietors of the Tallygaroopna Pub and the wider community for the devastating fire that took place last week. Pubs are often meeting places and hubs of small towns and we hope that the recovery from this is hasty. I am sure that Tally will again draw on its fighting spirit to rebuild such a great landmark of the town.

#### **2. Drainage Meeting**

It was terrific to see the large turnout at the community meeting last Wednesday night at the town hall. The local shire was well presented and this allowed much discussion and collaboration to occur which will hopefully benefit the township in the future.

### **3. AEDI Information**

Last week, all Prep families should have received a letter regarding the AEDI Survey which Mrs Wallace will be conducting in the next few weeks. The AEDI is an Australian Government initiative which provides information about how populations of Australian children are developing by the time they reach school. The next collection will occur between May and July this year. Mrs Wallace will complete a checklist – like a survey or questionnaire – based on their knowledge and observations of your child. The AEDI is not a test and it does not require your child to be taken out of class. If you have any questions about this please see Mrs Wallace at school.

### **4. Mother's Day Gifts**

Mother's Day is this weekend and the children will be taking home some gifts this week which were prepared a few weeks ago. A big thankyou to the great parents who assisted with this – your support and assistance is as always greatly appreciated. Hopefully, plenty of Mum's get spoilt on Sunday. **If students have not yet paid for this could money please be sent to school by Thursday. Could Parents' Club helpers for Mother's Day please be at school at 10am on Thursday to help with wrapping the gifts.**

### **5. Transition Program**

Transition booklets for Grade 6 students are expected to be sent home this week. All dates regarding open nights and open days are included. It would be greatly appreciated if we could receive a 100% return of the placement forms by June 5<sup>th</sup>.

### **6. Walk Safely to School Day**

This day is held on Friday 18<sup>th</sup> May. To celebrate this day, our school bus will drop the students off at the CFA shed in the morning, where they will be met by Mr Brodie. Students will then walk down the road to school and town students are able to join in if they wish. Normal travel arrangements will occur in the afternoon.

### **7. Biggest Morning Tea**

The Biggest Morning Tea will be held on Thursday 24<sup>th</sup> May in the Multi-Purpose Room. All members of the school community are invited and the day will begin at 10.30am and conclude at 11.30am. Entry will involve a gold coin donation which will go towards the Cancer Council of Australia. Could attending parents bring a plate of morning tea to share please.

### **8. After School Care**

On Thursday 17<sup>th</sup> May, David will be meeting with members of Stepping Stones to discuss the possibility of After School Care. Specific details will be provided in the newsletter and if there is a general interest this option may be pursued. Costs will be for each session and for transport to the venue, possibly at St. Lukes. More details will be available soon.

### **9. Information Technology Night**

To celebrate Education Week an Information Technology Night will be held on Monday 21<sup>st</sup> May beginning at 6pm and concluding at 8pm. This will give families an opportunity to use our laptops, iPods and iPads along with our Robotics Kits. Could expression of interest please be in by the end of the week to assist with planning – this is in this edition of the newsletter.

### **10. Critters Activity Day**

We are scheduled to have a Critters Activity Day on Monday 14<sup>th</sup> May. More details will be available soon for this session which is being implemented by personnel at GV Water and it will be inquiry and science based to complement our current themes at school.

### **11. School Aquarium**

Thanks to Deb Bagley for the great job that she did decorating the windows in our Project Room. They are now covered with cellophane and the room will be turned into an Aquarium once we start putting small sea creatures on the windows. It looks fantastic and will develop throughout the term.

### **12. Finance & School Council**

The Next Finance and School Council meeting will be held this Wednesday 9<sup>th</sup> May (rescheduled). This meeting will allow us to endorse our Parents Payments Policy. This draft policy was sent home to families to view and make possible suggestions a couple of weeks ago.



### **13. Congratulations**

Congratulations to all of the senior students who have tried out recently for Sport trials. Ebony Mills (soccer) and Daniel Bagley (basketball) have progressed to the next step so we wish them both luck on their future ventures.

### **14. Beauty & The Beast**

On Tuesday 29<sup>th</sup> May our whole school will be attending Dookie PS to see the performance of Beauty and the Beast. This starts at 9.15am, so our bus will be completing pickups in the morning, 15 minutes earlier than normal on this day. Could parents please make the relevant adjustments please. There will be a cost for the day – more details will be available soon.

### **15. Earn and Learn Vouchers**

We are excited to be taking part in the 2012 Woolworths Earn & Learn program. Last year, we were able to purchase some great resources with the points we earned, thanks to you. From Wednesday 9th May until July 1st 2012, you can collect stickers at Woolworths that go towards Earn & Learn points. For every \$10 you spend at Woolworths (excluding the purchase of tobacco, liquor and gift cards), you will receive a sticker. These stickers can then be given to your children to collect on a special sticker card. Once it is completed, they can simply bring it back here to school or you can drop them into your local Woolworths collection box at the front of the store.

The more points we earn, the more we can redeem from a choice of over 7,000 educational resources including mathematics and English resources, art & crafts materials and much, much more! We are grateful for your support and look forward to a successful program. If you have any questions, please ask at School



### **16. Production Auditions – Dragon Girl**

Again this week, we will be having production auditions for specific parts for the Production which is being held this year – hopefully at the end of Term 3. All students were given an individual script at the start of the term, with the hope of students preparing themselves for this. Once auditions are completed we will announce the successful parts to the school community. Good luck everyone – we know that you will give it your best shot. All children have been encouraged to have a couple of parts which may be interested in trying out for.

### **17. Dance Festival**

All staff attended a Dance Festival last week after school. The Dance Festival was a great success last year and we look forward to our children attending this day at the end of Term 2. We have videoed individual dances at the PD, to assist with preparation for the day and specific dances will be taught during P.E. lessons and normal classroom time. Further details will be available in the next few weeks.

### 18. Jump Rope for Heart

All children received sponsorship forms early this term, regarding the Jump Rope for Heart program. If students are seeking sponsorships they will need to return forms and money to the office by Thursday 10<sup>th</sup> May. The Jump Off Day is scheduled for Friday 11<sup>th</sup> May – this will involve some music and some informal specific activities.

### 19. Parents' Club

The Parents Club will be holding a Munch & Crunch lunch on Thursday, 10<sup>th</sup> May. The cost will be \$5 per lunch which consists of a Hot Dog, packet of chips and a Prima. **Last orders need to be in by tomorrow, Tuesday, 8<sup>th</sup> May.**

### 20. AASC Program

The program for term 2 began last week with Multi Sports on a Monday, basketball will be held on a Tuesday. **Both sessions start at 3.35pm and finish at 4.35pm.** Participating students will be given fruit for afternoon tea prior to the start of each session. Andrea Walker will be our school supervisor on Monday's and Jill McFarlane will fulfil this role on a Tuesday. Last week's free icy pole voucher went to Kyle Montgomery.

Future Activities Planned – to be confirmed

Term 3 – Taekwondo / BMX (2 Trips to the Shepparton BMX Track planned)

Term 4 – Tennis / Skateboarding

### 21. Student of the Week

Congratulations to the following students who received Student of the Week last week.

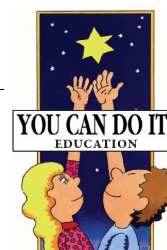
Term 2 – Week 3

**P/1 – The Rock N Roll Kids – Tayla Robertson** for the confidence she shows in school work, especially her number work. Well done Tayla

**2/3/4 – Mrs H's Brainy Bunch – To Brittany Meyland** for the way she is always happy to help others in the classroom and for the way she always puts 100% into her schoolwork. A marvellous effort Britt!

**5/6 – The Grade 5/6 Rebels – Teagan Brett** for the terrific effort at Interschool Cross Country and for her general organisation and focus in the classroom. Well done!

All students receive a certificate and a Nando Voucher.



### 22. Term Dates

Over the next few weeks, I will continue to update this section. Confirmed dates for TERM 2 are:

May 10<sup>th</sup> – Munch N Crunch

May 11<sup>th</sup> – Jump Rope for Heart Day

May 14<sup>th</sup> – Critters Activity Day

May 16<sup>th</sup> – Division Cross Country

May 18<sup>th</sup> – Walk Safely to School Day

May 21<sup>st</sup> – Education Week

May 24<sup>th</sup> – Biggest Morning Tea

May 30<sup>th</sup> – Young Leaders Day –Shae & Corbie

June 11<sup>th</sup> – Queen's Birthday Holiday

June 21<sup>st</sup> – Munch N Crunch (**Super Heroes -TBC**)

June 27<sup>th</sup> – Parent Teacher Interviews – Pupil Free

July 16<sup>th</sup> – Term 3 Begins

May 10<sup>th</sup> – On Road Test (Bike Ed. ) – Grade 5/6

May 13<sup>th</sup> – Mother's Day

May 15<sup>th</sup> > 17<sup>th</sup> – NAPLAN Testing

May 18<sup>th</sup> – Grade 6 Bike Ride (TBC)

May 18<sup>th</sup> – School Photos – 11.30am

May 21<sup>st</sup> – Information Technology Night – 6pm

May 29<sup>th</sup> – Performance at Dookie PS

June 6<sup>th</sup> – Finance & School Council

June 19<sup>th</sup> – Region Cross Country

June 25<sup>th</sup> – Reports Sent Home

June 29<sup>th</sup> – Last Day of Term – dismissal at 2.25pm

### **Hi Parents!**

**Some students from our class 'Mrs H's Brainy Bunch' entered the Carpet Court competition last month. Their entries are currently on display on the Carpet Court Facebook page. Students can win based on how many votes or 'like' they get so please feel free to visit the page and have a vote!!**

**Mrs. H**

## School Photos

School photo order envelopes went home with each student a couple of weeks ago. These are due back at school by Friday, 18<sup>th</sup> May which is the day the photographs will be taken. Please fill out your order and return to school with correct money or a cheque made payable to MSP Photography enclosed. For families with more than one child attending Tally PS, you can order a family portrait (Tally PS students only) and these envelopes are available at the school Office (if you would like one sent home please contact Karen at the Office). School Captain photos are also available – special envelopes available at the Office.

## Tallygaroopna Auskick

The Tallygaroopna Football Club is conducting an Auskick program at the Tallygaroopna Recreation Reserve commencing on Tuesday, 29<sup>th</sup> May at 4pm. You can pick up a registration form at the school Office which needs to be filled out and returned to the school by 15<sup>th</sup> May or you can register online. The cost of the ten week program will be \$60, made payable to the Tallygaroopna Football/Netball Club. The Club will cover all other relevant costs. For enquiries contact Neville Montgomery on 0439 614 464 or a/h 5829 8526

## 13/Under Netball Notes

Round Three 5-5-12

Well done girls on a much closer contested game against Grahamvale Opals this week. Our goals were going in and with a bit more teamwork a win is not far away. Still lots to learn and remember. Everyone defended well and intercepted lots, we just then have to make sure we make the most of these turnovers. Score 11-14. Award Abby Klein - Tallygaroopna.

A reminder that we are on canteen duty this week, will hand out roster on Thursday.

## Northerners Soccer

**Under 7:** Well done boys on a great game of soccer – everyone did a lot of running and were rewarded with a win against Grahamvale – the final score being 7-3. Don't forget there is no training on Wednesday night. See you all on Saturday for another 12.00 game!

**Under 9:** Great game played by all Northerners on Saturday. All the team worked really well keeping up to the ball through the match. There were several attempts at goal and only just missing. Top job performed by our goal keeper Kyle and Mitchell stopping several balls going through. Goal kickers were Jordan. Kyabram kicked 4.

**Congupna Tallygaroopna Landcare Group:** AGM Casserole tea will be held on Tuesday, the 15<sup>th</sup> May at 6.30pm at the Congupna Hall. Anyone interested in Landcare is welcome to attend. Our most recent project 'The concreting of the "Serpent" path in the Pony Paddock' at Congupna has just been done. We now shall be planting this area with Bush Tucker Plants. For information phone Secretary, Trish Moss on 5829 8255.

## Information Technology Night – Supper Provided

Family Members.....

We will be able to attend the Family I.T. Night on Monday 21<sup>st</sup> May from 6pm until 8pm in the Project Room.

Signed.....



## BECOME A VOLUNTEER HOST FAMILY

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2012. Students from Italy, Belgium and The Netherlands are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family.

### Find out more!

Don't miss out on this wonderful opportunity and contact WEP today to receive a full information pack for your family.

### Chantel Woods

Inbound Exchange Administrator

**Phone:** 1300 884 733

**Email:** [wep@wep.org.au](mailto:wep@wep.org.au)

**Online:** [www.wep.org.au](http://www.wep.org.au)

## Asthma, Coughs and Colds: Information for Parents and Carers

The common cold, caused by an upper respiratory tract infection, is one of the most common illnesses for children and adults in Australia. Colds are more common in winter months as people spend more time indoors, in close contact, and can be more likely to pass on viruses that cause the common cold.

Colds can be a trigger for asthma, and asthma management can become more difficult for children and teenagers attending school if they have a cough or a cold. Ensure your child reduces the risk of passing on coughs and colds by avoiding coughing or sneezing on, or near other people and that they wash their hands appropriately after blowing their nose or handling used tissues. Coughing or sneezing onto the inside of their elbow instead of their hands can also prevent the transmission of infections. If your child is unwell, it is recommended that they stay home and rest to reduce the chance of spreading infections and to give them a better chance to recover quickly.

While there is no known cure for the common cold, symptoms such as headache, cough and runny nose can be managed, and children with asthma are advised to see their doctor before using any medication, or herbal and natural remedies, as these may react with their asthma medications. Many cold and flu medications available over the counter are not suitable for children and teenagers, and some medications may also trigger asthma symptoms, it is best to avoid these unless recommended by your doctor.

People with asthma should avoid the following medications if possible:

- Aspirin • Ibuprofen/Naproxen (non-steroidal anti-inflammatory medications)
- Beta blockers tablets and eye drops (used for high blood pressure and glaucoma) • ACE inhibitors (used to control blood pressure)

Saline drops and nasal sprays may help relieve blocked sinuses, and gargling with salty water may help relieve a sore throat.

If cold symptoms become more severe, parents and carers are encouraged to consult their doctor as soon as possible for advice. Nasal sprays should not be shared between people as this may transmit infections and viruses.

It is also highly recommended that in the lead-up to winter, people with asthma ask make use of influenza (flu shot) vaccinations.

For more information on the common cold, medications and references used in this article please see the Better Health Channel (State Government of Victoria) - [www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au) and the NPS website - [www.nps.org.au](http://www.nps.org.au).

*For further information, please contact the Asthma Foundation of Victoria on 1800 645 130 or email [schools@asthma.org.au](mailto:schools@asthma.org.au)*

## Prep for Parents: Lets Talk About Bullying - Part 1-My Child Is Being Bullied

When your child starts school, they enter the wider social world. This means building on the social skills they learnt in their pre-school years while finding their own place in the world and feeling part of a social group. A natural part of development is learning to deal with conflict. Normally, conflict is short-lived, but sometimes it may turn into bullying.

So what is bullying? It appears much like teasing. But when such behaviour occurs repeatedly, that's when it becomes bullying.

Examples include repeated pushing, tripping, name-calling or excluding a child from joining in play or sitting somewhere. Having an argument or disagreement with a friend is not bullying. Teasing, being pointed at or called names as a one-off occurrence, while not nice, is not bullying. These behaviours are a normal part of children interacting with each other and learning respectful relationships.

Bullying can be devastating for a child's confidence and self-esteem so it is important to act immediately once you suspect your child is being bullied.

### How to know when my child is being bullied

There is no single way of knowing if your child is being bullied.

You'll need to use your judgment, together with your knowledge of your child's personality. You know your child and you know how well they are adjusting to school. You know when something is worrying them or when something just doesn't quite feel right.

Apart from physical signs, things that may signal bullying include:

- not wanting to go to school or participate in school activities
- missing belongings or having torn clothing
- not wanting to answer questions or talk about what's been happening at school
- talking about being teased, made fun of or ridiculed
- being overly anxious, nervous, withdrawn, secretive, quick to become angry or tearful
- not sleeping well and bed wetting
- not eating properly.

### So what to do?

The most important thing is for your child to know that it's OK to talk about bullying. Reassure them that they are safe and loved, and that they will not be left to sort out the bullying on their own. Let your child know that the situation is not their fault, and it can be fixed. Stay calm, as your child will take a cue from your response as to how they should react to this problem, and indeed to problems generally. Praise your child for telling you about the problem.

Talk to your child's teacher or school principal as soon as possible. Your school takes bullying very seriously. Every school has a policy for dealing with bullying. When discussing the problem with the school, be assertive, but not angry. Try to avoid making accusations. Ask the teacher or principal for their view and discuss how the situation will be managed, and then keep in touch with the school.

Tell your child you will talk to the school. They might initially be concerned that this will exacerbate the problem, and that they might be labelled as a 'dobber' or a 'wooz'. Again, remind them that bullying is something that needs to be openly talked about by everyone and that they won't suffer recriminations.

Don't encourage your child to retaliate. This will only make the situation worse.

Contacting the bully or their parents, tempting as it might seem, is also likely to make the situation worse. It is best to work with the school to fix the problem rather than try and solve it yourself.

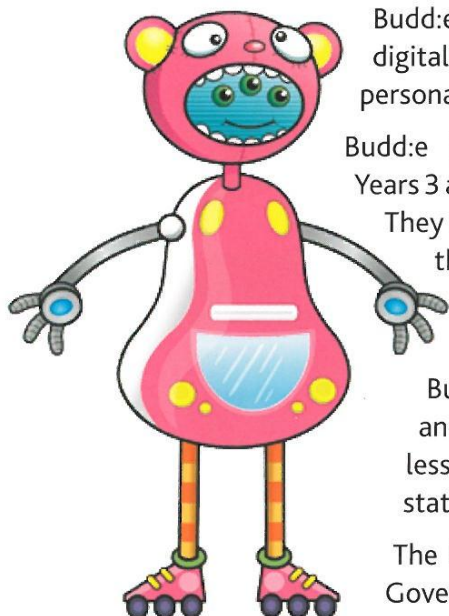
Remember, that it usually takes time to change behaviour and that you might not see immediate results. Help your child feel more confident by talking about ways of dealing with the behaviour; things like walking away or ignoring the behaviour; firmly telling the bully to stop; avoiding places where bullying is likely to occur – as long as that doesn't mean your child will miss out on activities or being with friends; use deflecting strategies like providing an offhand or humorous response when the bully says offensive or negative things; and asking friends to help.

It is also useful to talk to your child about why children bully. For example, they have a problem and they are taking it out on others or they are copying others and don't know this is wrong.

Remember, it may take some time and some adjustment at school and at home to get things back on an even keel. If you are concerned that the problem is not going away, raise it again with your child's teacher or school principal.



# CYBERSECURITY EDUCATION for PRIMARY SCHOOL STUDENTS



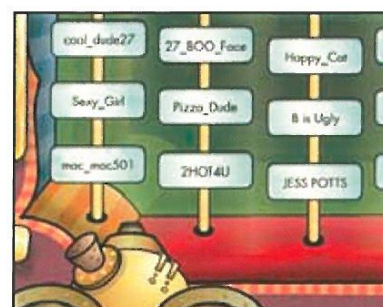
Budd:e is activity-based learning to promote the safe, secure and ethical use of digital technologies... Technical and behavioural measures to reduce risk, bolster personal safety online, and improve security for internet devices and data.

Budd:e (Primary) has been developed for Australian primary schools, for Years 3 and above. The instruction style is constructivist, so children learn by doing. They make decisions and experiment with choices and consequences. Progress through each activity is guided by prompts and feedback. The module is suitable for use by students working alone, small groups, or for teacher-led whole class activity via an interactive whiteboard.

Budd:e contains comprehensive Teacher Resources including background and contextual information, video demonstration clips for each activity, lesson plans with learning outcomes, and curriculum maps for all Australian states and territories.

The Budd:e Cybersecurity Education project is part of the broader Australian Government cybersecurity initiative, aimed at creating a safer, more secure online environment for all Australian children.

- Free interactive module
- Primary module for Year 3 and above
- Engaging activity-based learning
- Rich media resources & simulations
- Online & CD ROM versions
- Teacher resources, video demos & lesson plans
- Full curriculum maps for all states & territories



AIMIA  
2010 AWARD WINNER  
BEST CHILDRENS  
INTERACTIVE MEDIA



Find out more at [www.staysmartonline.gov.au](http://www.staysmartonline.gov.au)

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Australian Government

Department of Broadband,  
Communications and the Digital Economy



## STRONG MIND AND CARING HEART

The notion of a ‘Strong Mind’ and ‘Caring Heart’ is often mentioned and reinforced with our students. ‘Strong Mind’ refers to the student making wise decisions based on what they know is right and wrong. This also means not succumbing to peer pressure. This is where the notion ‘strong’ is reinforced because at times you have to show strength in your decision and stick to it. This can be difficult, especially if your friends don’t agree. An example might be when a group of students knowingly decide to break a school rule, such as playing and running with sticks. It will take a ‘Strong Mind’ for a student to confront their friends and remind them that they are breaking a school rule and that what they are doing is unsafe. This is also where the notion of ‘Caring Heart’ comes into play. We emphasise that we are all part of Tallygaroopna Primary School learning community, and as a community we all have the responsibility to ensure that every one of us at school is feeling happy and safe. In the above example, it requires a ‘Strong Mind’ to confront friends about breaking a school rule and it requires a ‘Caring Heart’ to also be worried that they might injure themselves or others with the sticks.

‘Strong Mind’ and ‘Caring Heart’ are very powerful and important values for all of us to have. Imagine if everyone used a ‘Strong Mind’ and ‘Caring Heart’ at all times; what a happy and safe world we would have!

