# TALLYGAROOPNA PRIMARY SCHOOL NO.3067





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SCHOOL VALUES - RESPECT. HONESTY & INCLUSION

# **NEWSLETTER**

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TERM 4 NO.36 21st November 2011

Money for the End of Year Excursion is now due. \$40 for parents, \$25 for students.

School Council and Finance will be held on Wednesday 30<sup>th</sup> Nov. The 2012 Budget will be presented.

Could all families please bring a plate for morning tea on Thursday 1st December.

#### Hi everyone,

Last week was a busy one especially for the Grade 5/6 students as they participated in two extra curricula activities away from school. By all reports, the Yachting program was very worthwhile and a lot of fun and the Kanga 8's tournament was very successful on the Friday. I would personally like to thank all of the children for their great effort, encouragement towards each other and persistence. It really makes me proud to be associated with Tallygaroopna Primary School when I see the children in a different environment which at times can be challenging, but really is a great learning experience for all involved. A big thankyou to all of the parents, who assisted with transport, took photos or helped score and umpire during the Kanga 8's tournament.

The School Disco and End of Year Christmas Concert / Graduation Night dates have been confirmed. Apologies if these nights don't suit everyone, we have tried our best to accommodate as many people as possible and some time was made available to the school community for consultation. A big thank you to the many families who have paid for the End of Year Excursion as well. This has really assisted with planning and some more specific information should be available in next week's newsletter.

The next few weeks will be extremely busy. Our Building Opening is now less than two weeks away and flyers should arrive in letterboxes this week. We also hope to have the School Recipe book available for the school community to purchase in the next couple of weeks also. Thank you to the many children and parents who have made contributions towards this

Karen will be at the office until Thursday this week, <u>but she will be away tomorrow</u>. Please take this into consideration if you need to come to the office for any specific matter. I taught today and will also be teaching on Tuesday this week. I will be at a Collegiate Meeting in Benalla on Thursday afternoon and at a Regional Director's Meeting at Wangaratta on Friday. Mrs Haberfield will be away next Monday at a Numeracy Leaders Day and I will attend this session in the afternoon to develop a Numeracy Plan for 2012. Have a great week everyone.

# Yachting Program & Kanga 8's































#### 1. Kanga 8's Tournament

Last Friday, the Grade 5/6 students participated in the Kanga 8's Tournament at McEwen Reserve in Shepparton. The girls team did a great job, under the guidance of Bev Montgomery and won two out of 4 games for the day (against larger schools: Guthrie St. PS & Kialla West PS) – winning their consolation final at the end of the day. I assisted with the boy's team and they won their first 3 games (Bourchier St. PS, Tatura PS and Orrvale PS) and progressed through to the Final. Unfortunately, they were beaten by 20 runs by St. Georges's Rd. in a tight final match.

#### 2. Public Speaking Competition

Last Monday, Rhiannon and Daniel Bagley both presented their speeches at assembly. Both of these were of a high quality and the staff decided that Rhiannon would progress through to the next round. The Grade 2/3/4 students presented their talks in class last week and the individual grade winners were:

Grade 2: Stephanie Fleming

Grade 3: Brittany Meyland

Grade 4: Teagan Brett

These students presented their talks at assembly today and staff will announce at assembly next week the students who will represent our school at the next round. The 5 Grade Winners will all receive a prize from Mr Brodie.

Planning is currently taking place for the Finals of the Public Speaking Competition which will hopefully involve a number of schools from the region. We hope to hold this event on Wednesday 14<sup>th</sup> December. Please note the change of date for this.

## 3. AFEA Testing

Today, all students in the senior grades completed the Beep Test as part of the testing for the Australian Fitness Education Award. On the 5<sup>th</sup> December, we will be completing the 1.6km run so good running shoes will be required on this day. This program focuses on individual fitness, flexibility and co-ordination. The aim for all students is to improve on their own performance over time. The testing is conducted over a few weeks and will indicate progress in relation to general fitness. If you would like to know more about this program please contact me. It is now a major part of the Physical Education and Health Assessment for this year and results will be put into Student Books. All student results will remain confidential.

## 4. Graduation Night

This year at our Christmas Concert, we will again say farewell to our wonderful Grade 6 students as they begin a new journey at Secondary School next year. As per last year, some Christmas songs will be sung and a few small speeches will occur before children receive their Graduation Certificates. At present, we are working on a Powerpoint Presentation which will be shown on the night which will reflect on children's journey through their Primary years. Planning is still occurring with this, but right now it looks terrific. Copies will be available to parents at no cost – A CD will be required.

## 5. Pupil Free Days -2012 (Last Reminder)

Next year, staff will begin school on Wednesday 1<sup>st</sup> February. This day will be a Pupil Free Day for students, as staff at Tallygaroopna PS organise classes for the first day for students. This will be held on Thursday 2<sup>nd</sup> February. In 2012, schools will be provided with a lot more flexibility in regard to Pupil Free Days. These days must be used for Professional Development or Assessment and Reporting. As a result, three further Pupil Free Days have been endorsed by School Council. These will be held on:

Monday March 19<sup>th</sup> - Curriculum Day focusing on Kagan PD – Team building / Engagement Wednesday June 27<sup>th</sup> - Parent / Teacher Interviews Monday 5<sup>th</sup> November - Report Writing Day for Staff

Parents are encouraged to make family arrangements ASAP.

#### 6. End of Year Excursion

Discussion regarding the End of Year Excursion has been completed by School Council. There is still \$15 remaining from the Excursion Levy, which will go towards this trip. As a result, the balance owing is \$25 for each student for this excursion on Thursday 8th December. The cost for parents for this trip will be \$40 each.

Money for this excursion is now due. Feel free to discuss this at school, because we can negotiate a payment plan if needed. At this stage, no Preschool children will be invited because we would like parents to see this trip as an opportunity to spend some quality time with their children who are presently enrolled at Tallygaroopna PS.

Website - http://www.funfields.com.au/

#### 7. School Improvement Program

Our Cricket Pitch finally arrived last week. Special thanks to Ash Lau and his workers for assisting with this at no cost to our school. This support is greatly appreciated and the children at school can now use the wicket to play cricket immediately. Only cricket games with tennis balls are suitable obviously.



We also got an extra speed limit sign in the car park installed as a reminder for users of this area. This looks great and our school signage is now complete. Our Phone Upgrade was also completed last week and we are now able to use our school phones on a regular basis in the new building and outside in the playground. We hope to have an answering machine service available for parents in the not too distant future.

We will be having our building opening on Thursday 1st December, so please keep this date free if you can because this will be a celebration of all of the work that has taken place over the last 12 to 18 months. There will be an official ceremony at 10.30am followed by a morning tea at 11am and we look forward to promoting our school on the day with the local media.

#### 8. School Marquee

The Parents Club have decided to use some of their fundraising money towards a marquee which can be utilised in and outside the school grounds. Jill McFarlane is working on purchasing this asset on behalf of the Parents Club and we hope to have this resource in the school before the end of the year. A similar marquee to the one we are hoping to purchase is pictured below.



#### 9. Prep Orientation

New Students who begin Prep in 2012 will have their next Orientation Program on Wednesday 30<sup>th</sup> November with the State wide Orientation Day being held on Tuesday, 13<sup>th</sup> December.

#### 10. Active After School Communities Program

Activities continue as per normal over the next few weeks with Basketball being held on Monday and Golf on Tuesday. Sessions begin at 3.45pm and conclude at 4.45pm (with a healthy snack inside). Last week's participation award winner was Shae Montgomery - \$5 Book City Voucher, Drink Bottle and Beach Ball provided by Narellan Pools. Andrea Walker is our supervisor on a Monday and Jill McFarlane will fulfil this role on a Tuesday.

#### 11. Tissues

Our stocks of tissues are running a little low. If each family could donate a box of tissues to school before the end of the year it would be greatly appreciated.

#### 12. You Can Do It Awards

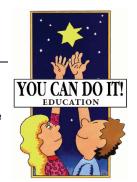
Congratulations for the following students for week 6 – Term 4

Prep / Grade 1 – Daniel Collins for the confidence and persistence he shows in his reading. Great work Daniel.

Mrs H's Super Students – This week I am giving the award to **Mitchell Bassett** for the excellent speech he gave on Friday. Mitchell you should be really proud of the effort and persistence you put in. Well done!

Grade 5/6 – **Samahna Humphrey** for the effort and precision she showed in Maths this week. It's great to see you recognising your mistakes and putting in the time and effort to go back and fix them. Well done Samahna

• All of these students receive a \$5 Voucher kindly donated by Book City in Shepparton



# 13. Term Dates

Over the next few weeks, I will continue to update this section. Confirmed dates for TERM 4 / TERM 1 2012 are:

November 29<sup>th</sup> - Last RE Lesson

December 1<sup>st</sup> - Building Opening / Morning Tea

December 7<sup>th</sup> - Puberty Talk - Gr. 5/6

December 13<sup>th</sup> - Orientation Day

December 16<sup>th</sup> - School Disco

December 19<sup>th</sup> - Reports Home

December 22<sup>nd</sup> - Munch N Crunch

February 1<sup>st</sup> - Teachers Start School

November 30<sup>th</sup> - School Council

December 6<sup>th</sup> - Bush to Beach Program

December 8th - End of Year Excursion

December 14<sup>th</sup> - Public Speaking Comp.

December 17<sup>th</sup> - Milo Cricket at Tally PS (5pm - 6.30pm)

December 21<sup>st</sup> - Christmas Concert / Graduation Night

December 22<sup>nd</sup> - Last Day of Term 4 (2.25pm dismissal)

# Kindergarten & Fun Group Enrolments 2012

If you have a child or know of a child who would be interested in attending Kindergarten or Fun Group for 2012 @ Tallygaroopna Children's Centre.

Please enquire @ the centre on ph; 58298274

Numurkah District Soccer Club invites people interested in playing soccer to a Pre-Christmas get together on Sunday 27<sup>th</sup> Nov, 11 am at the Numurkah Showgrounds Ovals. Come along for a friendly match and join us for a BBQ lunch and drinks afterwards. All ages and abilities welcome. Any enquiries phone: Len Webb 0429 036 655



What's in a Box – Grade 5/6 Homework Task



Cubby House Kids





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#### POOR SLEEP AFFECTS PRIMARY SCHOOL CHILDREN

Primary school children who have sleep problems may have trouble with their schoolwork and behaviour. Children who have sleep difficulties are less alert during their hours at school and may have difficulty learning new skills or retaining information. Some signs of sleep disorders can include night terrors, sleepwalking and talking, and trouble going to sleep and staying asleep. There are some things that parents and carers can do to help their children get a good night's sleep:

- Children's rooms should be quiet, dark and not too hot or cold. Use a nightlight if necessary.
- Have a regular bedtime and wake time. This shouldn't be more than an hour later on weekends and during holidays.
- Have a good bedtime routine. Read to younger children or let older children read quietly or listen to relaxing music.
- Avoid caffeine-based drinks like coffee and cola.
- Avoid spicy or salty foods in the evening such as pizza or potato chips.
- Avoid scary movies, computer games and rough play before bed.
- Remove TVs and computers from children's bedrooms.
- Ensure their beds are clean, warm and comfortable.
- A warm bath before bed encourages children to relax.

Children who wake at night and are afraid need comfort. If your child does wake in the night tell them quietly that they are safe and encourage them to go back to bed. It is important to be calm, almost matter of fact and quickly get them back into bed. This will reassure them that you are not worried and therefore they should not be worried. Most sleep problems can be easily treated. Visit your family doctor if you are worried about your child's sleeping patterns.











