

TALLYGAROPNA PRIMARY SCHOOL NO. 3067



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SCHOOL VALUES - RESPECT, HONESTY & INCLUSION

NEWSLETTER

TERM 1 NO.7 21st March 2011

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Expression of interest and a small deposit for the camp needs to be paid to the office by the end of March.

Mrs Armstrong will be away at Occupational Health & Safety Training on Thursday

**The Annual General Meeting for School Council will be held next Wednesday 23rd March at school – 7.30pm.
Finance Committee will meet at 6.30pm**

Fosbury Flop Forms need to be returned to the office ASAP.

AASC Lawn Bowls will be held at the Tally Bowls Club on the 22nd and 29th of March.

Dear Parents,

We had a relatively quiet week at school last week and this is reflected in this edition of the newsletter. On Wednesday we had our School Audit and this was very positive. There are a couple of improvements which will be undertaken in the next few weeks and this will be addressed at School Council on Wednesday night. Last Thursday, we also had a very positive meeting with members of Coffey Projects and Grove Builders in regard to our new building and we can now move forward with the finishing touches in regard to this. Special thanks to a couple of members of School Council who made themselves available during this time.

I would also like to thank the many families who have made an initial deposit for the Grade 5/6 Camp to Melbourne. This is very much appreciated and will enable us to now move forward with our plans in regard to the organisation of this camp. I am hopeful of having the cost for this confirmed by the end of this term. The Graduate position for the Grade 5/6 class for the rest of the year has been advertised and I look forward to making an announcement to the school community before the end of the term.

Karen will be away again at her third day of OH&S Training on Thursday, but she will be available at the office until Wednesday. I will be away at Wangaratta on Wednesday and having a meeting with our Regional Network Leader on Thursday morning from 9.30am until 11am. I will also be teaching on Friday. Have a great week everyone.

David Brodie – Principal

“The skill of self-control takes guidance, practice and frequent failure.”

A Visit from a Barn Owl.



On Thursday 17th of March we had a visit from a Barn Owl. Beau and Daniel's mother brought it in.

We learnt lots of things about Barn Owls.

- They have really sharp claws.
- They can nearly turn their heads right around.
- They swoop down and catch mice.
- They have really big pupils so they can see at night.
- A lot die in the drought because there are not enough mice.
- They have special feathers so their prey can't hear them.
- They are also called a Screech Owl or a Delicate Owl.

Today Beau and Daniel's mum brought a Barn Owl in.

We got to pat the owl. We got to see its big ears. The owl had sharp claws. It was fun.

By Harvey.

Drawings of the Barn Owl.

THE OWL
To my Beau and
Daniel
Owl



by Leah



by Liv

Owl



by Eloise



by Ashleigh

Our T Day.

On Thursday 3rd of March, we had a Teddy Bear's Picnic to experience the letter "t". We started our picnic off by eating lots of "T" food, like Tic Tocs, Twisties and Tiny Teddies. We danced the Twist. It was fun playing with our Teddies. We changed 'Duck, Duck, Goose,' to 'Teddy Bear, Teddy Bear, Tiger'.



Uniform Order

We are currently in the process of updating the uniform price list. If you would like to place an order for a bomber jacket, please see Karen at the school Office.

1. Easter Raffle

We will again be holding an Easter Raffle to be drawn on the last day of Term 1 with some proceeds to go to the Royal Children's Hospital Good Friday appeal. We ask that all families donate an Easter Egg/chocolate/Easter goods to make up the raffle prizes. Raffle books will be sent home with each family (there are more available at the Office). Tickets are 50 cents each - \$5.00 for the book (please write on both sides of the ticket). Tickets will need to be returned with payment by Wednesday 6th April so that a cheque can be sent to the RCH Appeal before the Good Friday Appeal.

2. Homework

A big thank you to the parents who have provided some feedback about homework over the last few weeks. This information will be taken to School Council as we update our Homework Policy.

3. Anaphylaxis Training – new information!

We have cancelled our training session with small schools in relation to Anaphylaxis Training. However, we will still be holding a brief information session at school amongst our own staff, if any parents would like to join us and gain some information in regard to this medical condition. We will begin at 3.45pm and this should finish at 4.15pm.

Causes and symptoms of anaphylaxis

Anaphylaxis is a severe, rapidly progressing allergic reaction that is potentially life threatening.

It is caused when a person who is allergic to a substance comes into contact with that substance

It involves a change to BREATHING &/ or CIRCULATION

Symptoms of anaphylaxis:

Noisy / difficult breathing

Swelling of tongue

Wheeze or persistent cough

Difficulty talking, hoarse voice

Difficulty swallowing, tightness in throat

Drop in blood pressure – drowsiness, collapse

4. School Council AGM

We will be having our School Council Annual General Meeting on Wednesday 23rd March beginning at 7.30pm. Currently, we have 3 school councillors who are about to finish their two year terms, but all of these members have agreed to stay on School Council for another term. This is really appreciated and we welcome Wendy Sidebottom back on School Council for the 2011 school year. Office bearers elected at the AGM will be published in the newsletter in the near future.

5. Regional Network Leaders Visit

On Thursday 24th March, I will be having a meeting with our RNL from 9.30am until 11am. The office will be unattended during this time because Mrs Armstrong will be at OH&S Training.

6. Zone Sport Trials

Any students interested in zone sport trials can collect information from Mr Brodie at school. This is for basketball, netball, soccer and football. Some students collected information last week, but this needs to be signed by the Principal and then faxed to the coordinator of the trials. Families will need to pay the \$6 registration fee – as part of our new fees policy in 2011.

7. Athletic Sports – School Uniform Required

The EGPSSA athletic sports will be held on Monday, 4th April at McEwen Reserve, Shepparton (Little Athletics track beside the Sports Stadium). Parents are requested to transport athletes to and from McEwen Reserve. Children will need to be dropped off no later than 9.00am and will report to Miss Bicknell who will mark the roll. At the conclusion of the sports, parents are to collect them. This should be approximately 3.00pm. If families think they will have difficulty transporting their children to the sports please contact the school. In the event of inclement weather, the wet weather committee will meet at 8.00am, **if there is going to be a postponement, this will immediately be announced on 3SR and 96.9FM and the principals of the schools will be contacted.** A Back Up Day has been scheduled for Wednesday 6th April.

Children are asked to bring their own drink which will travel with them, or a plastic mug labelled with their name. Children may bring their own lunch or lunches and drinks can be purchased from the Canteen which is being catered by Kialla PS. Children who are not competing in an event must bring along a note signed by a parent.

If any parents can help out in any way on the day of the sports could you contact the office ASAP. This year, we are trying to cut costs by **not** hiring a marquee, so if any families have a shade structure which may be used on the day could they also contact the office.

Tallygaroopna PS will be running the high jump at the sports along with Congupna PS and Katamatite PS. We are seeking helpers for the 10 Old Year Girls and 8 Old Year Boys

8. Grade 5/6 Camp

Plans have begun for the Grade 5/6 Urban Camp to Melbourne. Our school is responsible for organising this and we need to know definite numbers before the end of March, so that the cost for the camp can be formally set. We are anticipating that this cost will be between \$150 and \$200. The camp begins on Monday 6th June and concludes on Wednesday 8th June. Please return the Expression of Interest form and a deposit before the end of March if your child will be attending the camp.

The Camp will involve some of the following attractions – Aquarium, IMAX, MCG – Sports Museum, Shrine, Aquatic Centre, Museum and Science Works. More details will be available soon. Please contact Karen at the office if you would like to organise a payment plan for the camp.

**GRADE 5/6 URBAN CAMP
EXPRESSION OF INTEREST / DEPOSIT**

My child.....would like to attend the
Melbourne Urban Camp from 6th June until 8th June. I enclose
.....as a small deposit for the camp.

Signed.....

9. Term Dates

Over the next few weeks, I will continue to update this section. Confirmed dates for TERM 1/2 are:

- | | |
|--|--|
| March 23 rd – School Council (AGM) | March 26 th – Possible Working Bee |
| April 4 th – Athletic Sports | April 7 th – Munch N Crunch |
| April 8 th – Melbourne Symphony Orchestra Excursion | April 25 th – Anzac Day Ceremony (School Leaders) |
| April 27 th – Term 2 Starts | April 28 th – Art / Craft Day (Mother’s Day) |
| May 6 th – EGPSSA Cross Country | May 9 th – AASC Starts – Term 2 |
| May 10 th >12 th – NAPLAN Testing | May 16 th – Bike Ed. Program Begins |
| May 18 th – Young Leaders Day (Wanganui SC) | May 25 th – Life Ed. Van |
| May 26 th – Biggest Morning Tea | June 1 st – Jump Rope for Heart Day |
| June 6 th > 8 th – Grade 5/6 Camp | June 13 th – Queens Birthday Holiday |
| June 23 rd – Responsible Pet Program | |

10. AASC Program

Lawn Bowls will conclude on Tuesday 29th March and Basketball will NOT run on the 4th April due to the Athletic Sports day. A date is yet to be confirmed for the final day of this program. Next term, our program will include Multi Skills on a Monday and Dance on a Tuesday. More information will be available next term.

AASC Participation Winners for Week 7 were – Kyle Montgomery, Ashleigh Moore, Bill Klein and Eloise Walker.

Parents will need to pick their children up from the Tally Bowls Club after the AASC Program on the 22nd and 29th March.

11. You Can Do It Awards

Congratulations to the following students for week 7 –

P/1 Jhett Cannon for his organisation skills. Jhett returned his green reading bag every day last week and completed his homework on time. Well done Jhett.

2/3/4 Connor McNab for the fantastic way he uses his getting along skills in the playground and classroom and also for the persistent way Connor has been completing work in the classroom. A splendid effort mate!

5/6 Ella Sidebottom for being so encouraging to her classmates particularly when they were having trouble with their work.



Tally Netball Team

Netball training for the 11 and Under Tally netball team will start this week on Wednesday, 23rd at 4pm at the school. Our first game is Saturday, 2nd April. We have entered a team in Division 3.

Northerners Soccer

Soccer training will commence Wednesday, 23rd March at 3.30pm at the Tallygaroopna Primary School.

Occasional Care Tallygaroopna

Places are now available at Tallygaroopna if you need to take a break, attend appointments or simply do a few things that are difficult to get done with small children around.

A session at occasional care provides a balance of planned experiences appropriate to your child's age and skill levels and supervised free play including painting, puzzles, climbing, water and sand play. Your child will also have the opportunity to develop social skills by mixing with other children in a secure, friendly and stimulating environment.

The occasional care operates in the Tallygaroopna Preschool between 9am and 3pm on Fridays during school terms.

Children over three years may attend from 9am to 3pm or 9am to noon. Children under three may attend from 9am to noon only. Fees are \$13.50 for 3 hours and \$27 for 6 hours per child per session. Phone 58298274 to find out more or make a booking.

Numurkah Girl Guides Need You

The Numurkah Girl Guide hall has recently undergone refurbishments and have a healthy membership of 12 now we are seeking a dedicated and motivated volunteer to work with our Guide unit. Duties include running and supervising guiding activities for girls aged 5 years and up. It will involve working with the unit on a Tuesday evening from 6:30pm to 8:00pm. To view information on being a Girl Guide Volunteer you can check out the website www.guidesvic.org.au For further information or to put an expression of interest in please contact Girl Guides District Leader June Fields on 58285257

This will ensure that our unit continues to run efficiently and Girl Guides reach their full potential.

Contacting the School

If parents wish to contact school, the first option is to use the school phone number (58298264). Staff at school endeavour to have this phone with them at all times. However, there are instances when this phone is out of range of the school office and this results in no calls getting through. An example of this occurring might be if all of the staff and students are on the school oval doing Athletics practice. As a result, parents are encouraged to contact the school using Mr Brodie’s mobile number (0411960164). This phone will be active at all times and will enable parents to contact the school whenever deemed necessary. The school has a mobile number, but this currently diverts to the Principals mobile phone. It is recommended that all families have Mr Brodie’s phone number stored somewhere.



Our Brilliant Preps
 from the Shepparton
 News - 16th March

Parents’ Club

The Parents’ Club is organising a craft day on Thursday 28th April to make a Mother’s Day gift. Due to the date being the second day back from the school holidays, it would be great if payment for this could be finalised before the end of term. Cost will be \$5 per student. If you are able to help on the day please contact Deb on 58298461 or Bev 58298526.

Thank you

Parents’ Club will be holding an Easter Munch & Crunch on Thursday, 7th April. The menu and cost will be as follows.

- Option 1 – chips, Hot Cross bun and Easter egg - \$4.00
- Option 2 – 2 fish fingers, chips, Hot Cross bun and Easter egg - \$4.50
- Option 3 – 4 fish fingers, chips, Hot Cross bun and Easter egg - \$5.00

The Hot Cross bun will be served at recess. Please fill out the following form and return to school with payment as soon as possible.

✂.....

Easter Munch & Crunch 7th April 2011

Family Name:

Child: Menu Option: Cost:

Child: Menu Option: Cost:

Child: Menu Option: Cost:

Child: Menu Option: Cost:

PERSONAL GOAL SETTING

Goals are a way of committing yourself to a course of action; goals get you to where you want to be. Successful people will tell you that they got to where they are by setting clear goals and then making a plan to get there.

Goals come in all shapes and sizes, from small, knowledge-based things like learning your times tables, to big, knowledge-based things like becoming a doctor. You can also set 'people' goals like becoming more confident or being a better friend. Goals can be short term (eg. daily, weekly), medium term (eg. monthly, yearly), or long term (ie yearly, 5 year, life time). It's good to have short, medium and long term goals to work towards, but you don't have to have your whole life mapped out. You just need to have some idea of what you want to do and where you want to end up!

Whatever your goal, you must also have a plan of action and some timeframes about achieving this plan. This way you can keep track of your progress and make modifications if required. Your goals may also change over time as you become more focussed and gain a better understanding of what things you need to do in order to achieve them. As you move through life some goals become obsolete as circumstances change, (a chance meeting opens up a 'door of opportunity' you didn't expect) and you will create new goals as you become clearer about what you want to achieve. You may also find that 'life' will at times get in the way of your goals. This is normal and you need to be prepared to modify your goals or temporarily put them on hold.

It's not all about achieving the goals you set. While it is a great feeling and sense of accomplishment when you achieve one of your goals, there are also some great benefits to be gained from all the hard work you have encountered while achieving a goal. All the challenges, gains, setbacks and triumphs along the way to success make your life interesting and fun and build that solid base of 'life experience' that helps make you a resilient and optimistic person.

It is important to set goals that you are in charge of. Remember you can't control other people or events. "I am going to win the lottery" is a goal that you cannot be in charge of unfortunately! However, a goal like "I am going to improve my swimming ability" is something that YOU control.

You need to be aware of 'Goal Crushers'. These are family or friends who say negative things about your goals. They probably don't mean to be 'goal crushers', but they say negative things about your goals (eg. That's silly or it's way too hard) to try and protect you from failure; they don't want to see you hurt. Remember the old sayings:

"If at first you don't succeed, try, try again."

"Success is getting up one more time than you fall."

"Don't be afraid to go out on a limb, that's where the fruit is."

"Obstacles are things a person sees when they take their eyes off their goals."

(E. Joseph Cossman)

